

Enhancing Psychic Powers By Embracing The Sefirot

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Psychic energy, in its simplest forms, are manifest through the thoughts we think, coupled with strong and powerful conviction and/or emotion. This coupling corresponds to supernal, spiritual forces, which are themselves the source of the human psyche. We refer to these forces as the Ten Sefirot, the primordial forces of life that lead to creation.

In order to understand that which is above, we can refer to their reflection within our own human inner psyches. Let us then discuss supernal matters in light of their human counterparts within us.

With regards to creation, be it creation of universes at the macrocosmic or microcosmic levels, all things begin with thought. Granted, first there is Will, but Will alone is unknown, and unknowable without revelation and thought. Once, thought is cognized, and a form is perceived, the process of manifestation, which is creation can begin.

However, thought alone is barren and cannot bare fruit. Thought needs to be energized in order to transform it from potential into actual. We all have many thoughts, but only the emotionally charged thoughts are acted upon. Charged thoughts lead us to individual actions, and the same charged thoughts within us can inspire and direct others to act as well.

We can inspire others to action based upon the words we speak. Yet, those words had better be emotionally charged in order for them to carry inspiration. And also, just as our words and deeds can inspire others, so too can the presence of such conviction seep out of our minds through our brain waves and be picked up by others, even unconsciously.

Whenever we are in the presence of a strong personality, this energy can be felt. Feeling the strength of a strong one's presence is not limited to either space or time. We can equally sense the strength in a strong soul, from a photograph or video almost as much as we can from being in that one's actual presence. Essentially, life energy focused through strong conviction and emotion, takes on a life of its own, and magnetically draws close any souls of like-mind, regardless of distances in time and space.

Thought, when energized with conviction and passion brings forth action. This is the foundation of the Torah psychology of the Ten Sefirot. We are created in the Divine Image. As the Divine manifests thought and translates it into deeds in the universe, so too do our inner psyches follow this same exact pattern to bring about our own personal creations. The microcosm is a mirror reflection of the macrocosm, even if the micro cannot manage to grasp the big picture. As it is above, so too is it below.

Crown (Keter), Wisdom (Hokhma), Understanding (Binah). These are the processes of thought. They translate Will from the unknowable to the known. Once known, Will creates a mental image of what is yet to be. Yet, in order for Will to be that which it is not yet, Will must be clothed in the garments of understanding. These provide form and structure to Will, and also a body of sorts that can be seen and touched by others.

Every human being knows the luring attraction of an attractive body. The eye sees beauty and the heart craves contact. Body to body, form to form, there is contact, and there is touch. When properly consummated, such a coupling leads to the birth of something new. First, there is one, then there is two. When two unite to become one, then there comes three. This is the way of the universe because this is the reflection of the Way of the Sefirot.

First, there is crown, then there is wisdom. The two unite and become one and from this union is born understanding, the beautiful body that will soon attract its own mate.

Once the body is born, it is nurtured, it grows and matures. Understanding then couples with the two that are one and is impregnated with the passion for expression. And so, the body is energized. The first child born of the mind is passionate, expansive expression (Hesed). This is the beginning of conviction, of emotion and passion. In this place, the force goes forth, fully and in all directions. This is raw, unbridled passion. Every strong soul embraces this attribute above all others, for expansive passion is contagious. Its nature is to overcome and include all, without regard for any differences.

While this raw essence is essential, still, in order for it to give rise to that which is to come, it must be tempered, focused and directed. With this focus comes division. Raw expansiveness is tempered and directs its course on this, but not that. Here is the beginning of exclusion (Gevurah).

The excluded is left out and cast aside. It is wise to know that even raw unbridled energy has limits to it. While energy goes forth, the limited mind of mortal humans cannot fathom the depths of limitless power without boundaries. Limits therefore are required.

Raw unbridled energy is focused, channeled and directed. This places the first of limits, the beginnings of form. Thought gives rise to emotional form, emotional forms give rise to emotional passion, emotional passion gives rise to divergent forces expansive and contracting, one breathes in and one breathes out. One is positive and one is negative. Here we have the creation of polarity. As above, so below. Thought expresses itself and says we do this and then it says, we do not do that.

All of this happens beneath the threshold of consciousness. As above, so below. Much which motivates and directs us arises from within our unconscious. So too is this in the universe. Much that directs the universe emanates from concealed forces. These concealed forces are the unconscious sentience that gives rise to sentient life.

As we follow the form of the universe, then like the universe, we too can create, form and make things in our own image. Souls of power have always known this. Because they have learned the ways of being, they know how to be, and how to make others to be what they want them to be.

Once the mother of thought gives birth to her children, to expand and contract the ideas to become manifest, fire and water is pumped into them, enlivening the conceived, empowering it with passion and rigor. Back and forth the forces expanding and contracting rage, creating and making the final form. This final form congeals in the place called the heart (Tiferet). It is here in the heart, that the conceived thought and the primordial forces are all brought into balance and harmony. From here comes forth the image, the picture that will be cast below, from which action will come forth.

The heart is the place of merger where the unconscious and the primal become conscious and foundational. Here is where recognition and awareness begin. For it is in the heart that all below receives from that which is above. As above, so below, but only through the heart, the vortex where both converge and meet.

All merge in the heart. It is the vortex where all from above congeal and then project downwards into manifestation. In the heart, the unconscious and the concealed become conscious and revealed. As it is above, so too is it below. The heart is the place where above ends and below begins. The heart is the new crown of the lower worlds of consciousness and manifestation.

From the domain of thought, the supernal mother, comes forth the original raw expansive energy, to energize the movement towards manifestation. As this occurred above in the primordial realms of the unconscious and the concealed, so too, must now its mirror reflection come forth below, to impose (Netzah) the order of the heart. The vision of this order of balance spreads forth to encompass all. Yet, to every vision and to every motive, there is a boundary and parameter. Everything goes forth for a reason and a purpose, that is after all, why there is a vision in the heart.

As the expansive energy goes forth from the heart, it too meets its boundaries and limitations. The purpose of the vision of the heart is to impose order and form, so that by doing so there can be great benefit (Hod) and beauty thereby attained. The beauty and benefit within one's psyche, and within the universe, is experienced as the magnificence of creation, internal and external.

When all is in harmony and all is ready for the final thrust into manifestation, we have the foundational energy (Yesod) that is the force and source of all action. It is this energy that is the fully formed and ready life-force, the seed that penetrates the egg, from which comes the growing embryo.

Foundational energy is life energy. Some call it nefesh, some call it chi, and in psychology it is called libido. Names do not matter. Foundational energy is the summation of the creation process. Thought expresses itself in various forms, both conscious and unconscious. Finally, when all forms are made, inner energy swells up and is ready to gush forth in one great push. This is the perennial "big-bang," the discharge of psychic energy that pushes forth all that is inside into outward manifestation. This is the energy of creation. It shoots forth into action, pushing, creating, forming, making into actual form that which has always been up, until now, merely a potential. This is true within the individual psyche and it is true with the universe at large.

This is what motivated the "big-bang" so many of billions of years ago (as we measure time today), and this same exact energy motivation is what creates in our minds every passion based thought that leads us, inspires us and compels us to create the numerous things that we create

on a daily basis. This force is what manifests life in the human body and beauty in the human world. This is the force that translates the spirituality of Heaven into the art and wonder found here on Earth.

When all within is balanced and in harmony, the inner creative force flows naturally into this physical world, transforming it from a jungle into a garden. This world then becomes a paradise and the “kingdom” (Malkhut) of God. In natural law, entropy rules, where the complex is broken down into the simple. When consciousness manifests itself, entropy is reversed, and the simple is directed into greater complexities. This is life. This is life's purpose, to use the building blocks of creation, and to form from them the wonderful palaces of life.

What began in the unknown, and became known, now is fully understood, appreciated and implement. What was once unknown is now known. That which was in the beginning is now here in the end. The cycle is complete, the process and purpose of creation has been fulfilled. This is life, and the purpose of consciousness.

The pattern underlying the universe is there for all to see. Yet, it cannot be seen with the physical eye. Rather, it is viewed with the inner eye of contemplation, which leads one to expanded consciousness. Consciousness is merely will, united with awareness, information and purpose. Life is consciousness and the soul is life. In this simplicity lie the secrets of the universes, those secrets within us and those secrets surrounding us.

The pattern which we call the Ten Sefirot is elaborated in many books and includes many, many details. Yet, all this book-talk is just that, they are the words and thoughts of their authors, very few of whom have ever stopped and actually gazed upon the supernal/inner image and to glean expanded consciousness from it its actual truths. Words often become dogma and dogma becomes doctrine. And doctrine always rewrites the reality of the world, making it appear as that which it is not.

So, silence your tongue from questions. Clear your mind of questions. The Ten Sefirot are all around us, everywhere, in everything. They are of no physical construct, they have no physical or actual mental forms that we can embrace. They are formless and limitless (blimah). As such we learn of them, and about them, when we bond with them, as we ascend the path.

We focus our internal libido, creative nefesh energies and allow the passion to rocket our minds forward through the realms and domains of emotions and feelings. Eventually we will arrive in the realms of the concealed, the hidden. Beyond them is the realm of the Supernal Mind, the Universal Mind, the Creator, Former and Maker.

We are one with that which is above, for as above, so below. The secret of power, of influence and control are all revealed herein. Seek the inner pattern within, and thus learn to wield its might. Those who accomplish this, with or without being aware of their accomplishment, are people of power and renown. They are the universe and the universe is within them. We are they and they are we. But we must first see it, in order for it to be.

When we see, and the dawn of the new day breaks within our minds, we shall soar on eagle's wings and take our rightful places among the stars. Unlocking the mind, discovering, embracing and enhancing our natural mental powers is the right and destiny of all the children of the First Man, as well as for those who came before him.