

Lessons from the Other Side, The Necessary Tests

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Temptation is both irresistibly delicious, and at the same time, destructively dangerous. Yet, there is never a lack of those who are convinced that they can overcome the dangers to achieve the delicious.

There is an equal number of failures of those who try to cheat nature, deny themselves, and defy the natural Way of Heaven. There are certain temptations which can be enjoyed in moderation, and others which must not be entertained at all. I do not need to give examples of what must be common sense. Then again, I am most likely wrong in this. Far too many believe that the rules do not apply to them, and that they, and they alone, can handle both the danger and the delicious. Temptation is as dishonest, as it is destructive. But who is going to listen to me?

When it comes to meditations, and expansions of consciousness, adepts from cultures around the world, throughout all of recorded human history, have warned, that the accomplishments to be achieved are as delicious as they are dangerous. Walking into the unknown is not something for one to take lightly, nor should one engage the unknown without proper direction and caution. But, like I said, who is going to listen to me?

Adepts from cultures around the world, throughout all of recorded human history have taught and warned their students that we do not live alone in our universe, nor are we alone, even on our own planet. Reality, as we perceive it, is limited to our senses and our conscious mind. Yet, as our senses develop into the area of extra sensory perceptions, our consciousness expands, and we become aware of other parallel forms of alternate realities that surround us all, everywhere, at all times.

Just because other races of entities exist in a slightly altered parallel dimension does not make them any less real than we are ourselves. And when we expand conscious and venture into these other realms, these other races often become visible to us, first to our sense of internal perception, and maybe, with time, to our other senses, as well. Just remember this, long before we see them, they see us coming! They might not let us know that they see us, and that they are watching us, but they are, nonetheless, watching us very carefully.

In the parallel domains closest to ours, the laws of nature are different. In that place, human brain waves are seen and read, just like our physical eyes see visible light from the infrared to the ultraviolet. Human thought is read, as we would read pages on the

internet. Our every thought projects both words and pictures. Just by seeing us, an entity in that place can see a movie of who we are, what we are, what's in our minds, and more revealing, what's in our hearts. We, on the other hand, are totally oblivious that we are broadcasting. We proceed into the other domain completely oblivious that we have announced much more than our mere presence before us.

When we traverse into that “other” place, our thoughts announce our coming, long before we ever arrive. Indeed, our unconscious can even broadcast our imminent arrival, years, and maybe decades before we arrive, yes, even years and decades before even the thought of our mediative travels have even entered into our minds.

In this other place, time and space are different than they are here. What was, still is, what will be, already is. Therefore, what we do not know, they already know. This is how it appears to us, that they know the future. In a way they do, but even they are finite and mortal, as are we, and have limitations to what they can know.

Entities on the other side are not divine creatures. Like us, the creatures over there are a combination of good and evil. Like us, the creatures over there tell both truth and lies. All the while that we allow ourselves to be amazed by their existence, we face the danger of falling under their spell. Many novice “travelers,” upon first contact, consider them to be spiritually superior to us, and therefore, so many crave to bow down and serve them as gods. This is the first and greatest of many mistakes!

Those whom we meet over there are no gods, and while they are different from us, they are not necessarily any closer to God, to the angels, or to anything else sacred, more than are we. They just exist in a different realm that can see more of reality than do we. But even such sight does not make them reliable, trustworthy or good.

Deception is one of the most delicious of traps. It is so easy to convince someone that they have arrived in a holy place and that they are talking to sacred, ascended masters. One is absolutely convinced that once meditative contact has been made, that one has contacted higher, ethereal beings. But, such a one, has no one with which to check, to make sure, and to verify that which one believes to be true. There are no confirmations, no tests to verify that what is experienced is what it appears to be. When one succumbs to the illusions of grandeur, that which follows is surely destructive loss, very often coupled with debilitating mental illness. One cannot mess with the other side, not knowing what one is doing.

Traveling to the other side is full of dangers, in the same way traveling to distant foreign lands can be dangerous in this world. One does not just get off the boat in a foreign land and expect to find welcoming, helpful souls swarming to meet him. On the contrary, the ones who wait for the boats to come in, looking for the gullible, are the most disreputable of them all. Just as it is here, so is it there. One who does not know this and take appropriate cautions, stands to lose a lot.

Now, with the warnings being said, what can one do to safeguard one's passage to the other side? This requires careful instruction, far too much to be detailed in a short essay of this nature. Nevertheless, I will condense a lifetime of experience into some few, short words of advice and direction.

First, know this! There is no such thing as the one right and correct meditative technique. There are many different techniques for the many different personality types that would use them. Only the right technique, in the right hands, will enable that right technique to work in the right way. Therefore, to start off with, one must experiment and discover what it is that works for the one, and equally what does not work.

Some ascend through music, others through dance, and still others through silence. Some, through a combination of these, and others through completely different methods. This is why I have taught different schools of meditative practice, and have made each available in either my books, or in my audio courses available online.

Find that which is right for you. If you need help, and you do, I am available to offer any assistance that I can. Just remember this, I offer assistance, not guidance. I do not guide! On the contrary, I teach you how to walk your own path. Following the path of another will get you lost. Only following your own path will get you to where you need to be, and to make sure that your boat docks in safe waters, alongside those who will be friendly and are ready to properly greet you.

Never seek or accept entertainment! Never seek or accept sound and light shows. Do not look for glorious visions or profound insights. On the contrary, look for meaning in the simplest and most subtle of things. The other side operates through the subtle, therefore, that is the language it speaks, and the language it teaches.

Anything that is “over-the-top” is not to be trusted, and is immediately suspect of being false and seductive. Watch out for what you want! Watch out for what you truly desire! Chances are, what you first experience will be nothing but a test to ascertain if you can be easily seduced! If you are, then your path will be skewered for lifetimes to come. Be cautious! Do not accept what you want. If it comes too easily and too quickly, you can rest assured that it is false.

Refinement of both body and mind is necessary in order to enable clarity of consciousness, and the expansion of awareness into the other realms. One whose body and/or mind is congested, and sick with all kinds of enslaving attachments will never be able to go anywhere. I have long warned my students that unless they are able to achieve equanimity, the chances of them going anywhere are slim at best.

To this day, I have students who try every meditative technique available, and because they are so weighed down, attached to, and distracted by, everything in their lives, they achieve nothing. Such failure is to be expected. Although they have been taught what to do, they cannot cheat the system of Divinely ordained natural law. There is a way to things, certainly not of my origins. When they prove themselves serious, and take the

primary steps necessary for them, only then will the following steps be revealed to them from the very sources that they seek in the first place.

The meditative path is traversed by passion of the heart, not by the intellect of mind. Indeed, in order to make progress, one must remember that it is into the heart we descend. One can leave their academic minds behind. Such types of intellectual analysis will be nothing but a hindrance along the path.

The other side does not think as we do, and considers our way of thinking to be most primitive. The more academic one is, the further away he will be from ever going beyond it. This is why the rationalist fundamentally cannot tolerate the thought of traveling to alternate realities outside of present consciousness. They cannot conceive of such an existence, and it is this train of thought that makes them prisoners within their own minds.

Proceed with passion. Follow one's rightful path and meditative exercise, whichever feels right and enables one to express one's feelings. No feelings, no ascent, it's that simple. With passion and uncompromising raw desire, one will eventually make contact. One must be disciplined and repetitive. One must never give up, the longer one seems to fail, the more one must try harder and harder,

Remember, the other side is watching, monitoring our process. Like a parent who holds up a toddler, then steps away to force the toddler to take its first steps, so does the other side, force us to take our own first steps. This is natural, and is expected, and it is why we do not expect quick results, and why we are suspicious, if and when, any such quick results were to materialize.

Unlearning what we have learned and learning fresh new ways to view life is not easy. You can learn from everything that I teach, it is there to assist you in this. More than this, is up to you. I can assist, but you must do. Do not look for magic formulas or fantastic fantasies. Deal with what's real. Go within.

Search out your soul, but remember this well, and be forewarned! You might not like what you find! But what is there, inside you, within the innermost recesses of your unconscious mind, that is what is seen on the other side. Deal with it here, before you get over there. You may not like what you find over there, if what you have here is not in good shape.

I have now revealed to you some very important things. Like in the past, I expect the majority of you to overlook and misunderstand what I have written. I can only do as much as I can. The rest is up to you.

You can never approach the Divine until you are ready. Take the first steps properly and slowly, and be prepared for a very long, and hard journey down the yellow brick road. Stay determined and trust! You are being watched, and you are being guided!