

The Cycle Vision

by HaRav Ariel Bar Tzadok

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Following the directive of Rabbi Avraham Ben RaMBaM recorded in his essay on Hitbodedut in Sefer HaMaspik L'Ovdai HaShem, I sat alone in the dark in the dead of night, in the early hours of the morning while everyone around me slept. In my mind I began to see something. It was there and not there at the same time. I saw what I thought looked like the event horizon of a black hole, yet it looked like I was observing it either inside-out or from another strange angle. It did not appear that everything was flowing into it, but rather that from a singular point every was flowing forth, outwards from it and into the abyss. It seemed that the abyss was sucking up whatever was coming out of this hole. There was a relationship of sorts between the two. One was in a constant state of giving and the other in a constant state of receiving. Yet, the receiver was somehow itself giving back to its giver in a way I cannot describe with words. This image in my head then seemed to having meaning in my mind. What comes next is the meaning of what I saw...

Only that which is empty can become filled.

Giving and receiving must be continuous in order for it to continue,

For how can one receive more once one is full?

One must receive, use, pass it and be empty in order to receive more.

One who keeps never has room for more.

One who gives always has room to receive.

It is the Way of Heaven to give continuously.

It is the Way of Earth to constantly receive.

Yet, those on Earth must pass on what they receive.

If what is received is not passed on, then one side becomes full,
it will no longer be able to receive.

When one side can no longer receive the other side can no longer give.

The system then stops working, this is the meaning of exile.

Light descends and light must ascend in return, this is the Way of things.

There cannot be the one without the other.

This is the Way of Heaven.

Who considers the natural ways any longer?

Who lifts their eyes anymore to Heaven to learn the natural ways?

Existence is because it exists.

Active Existence is the Mind and Will of All.

It is and It does because It is and It does.

It is a cycle all unto itself.

Who can understand this?

Who cannot see it?

Much is seen that is not understood?

Much is done that is not seen.

Existence is Active, Yod Hey Vav Hey
It is and thus It gives.
We must be empty in order to be filled.
We must be empty of self in order to become full of G-d.
There is no other way.

Let the mind be confused.
Let thought be baffled.
The limited mind and the physical eye are terribly limited in scope.
They know nothing of the expanding and contracting Ways of Heaven.

Silence your mouth from speech and your mind from questions.
Accept the Activity in Existence Yod Hey Vav Hey.
Become part of it.
And how does one do this?
By recognizing that it already is so.
So just let it be.
Empty oneself of self, and let one become full of G-d Yod Hey Vav Hey.
Heaven will guide. Will you follow?