

In honor of General Robert E. Lee and the Reverend Martin Luther King.

The First of the Ten Commandments, Thou Shall Be Free of the Big Lie

by Ariel Bar Tzadok

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It is said that the shortest distance between point A and point B is a straight line. Granted, I understand that if there are natural barriers, then one should take the path of least resistance. Essentially, isn't it natural to exert the least amount of effort in order to overcome any obstacle? Being that all these things are natural truths, why is it then that we considered ourselves superior and more sophisticated when we complicate matters, and make paths for ourselves that are far more difficult than we need?

The famous scientist Albert Einstein said, *"Any intelligent fool can make things bigger, more complex, and more violent. It takes a touch of genius, and a lot of courage, to move in the opposite direction."*

From my limited perspective, 1+1 still equals 2. If along came a thinker who could show me all kinds of dazzling ideas, theories and logic, to prove to me that under certain circumstances 1+1 would equal 3, I would politely thank him for sharing, what for him, must be important, and then I would walk away still knowing that 1+1=2.

All the philosophies, ideas, concepts and theories are very nice. But, all those very nice philosophies, ideas, concepts and theories exist only in the mind of the thinker, and in the minds of those who think like him. But for me, his theories really have nothing to do with my reality, and really have no effect upon the world around any of us. So, why bother with them?

You see, I believe in nature, and thus I believe in the natural. I cannot look at existence and believe what the atheists say about it. Theirs sounds like the biggest myth of them all. Essentially, the atheist says that in the beginning there was nothing, and that nothing, for no reason whatsoever, did something without any purpose, and out of the nothing, for no reason, and without any purpose, the entire universe came into being, as sophisticated as it is. This something-from-nothing theory contradicts one of the basic natural laws, the second law of thermodynamics, the law of entropy.

Yes, I believe in nature, and thus I believe in the natural. And, therefore, for me, in my little "itty-bitty" brain, I cannot conceive of constructed complexity without forethought, mind and consciousness. Thus, for me, the existence of nature, and the laws of nature, by definition means there must be a "law-giver" who made the laws the way they are. Thus, what sounds logical to me is that existence is a "creation." Thus, by definition, there must be a Creator. This is how my simple mind perceives things. For me, 1+1 still equals 2, no matter what others want to tell me, and what they want to force me to believe otherwise.

Yes, the big lie does exist, and people fall for it all the time. What is the big lie, you ask? Well, the minute I identify it for you, I will stand accused, by some, of being the big liar.

That's the way the big lie works. Let me share with you now the concept of the big lie, right from its source and author.

"In the big lie there is always a certain force of credibility, because the broad masses of a nation are always more easily corrupted in the deeper strata of their emotional nature than consciously or voluntarily; and thus in the primitive simplicity of their minds they more readily fall victims to the big lie than the small lie, since they themselves often tell small lies in little matters but would be ashamed to resort to large-scale falsehoods.

It would never come into their heads to fabricate colossal untruths, and they would not believe that others could have the impudence to distort the truth so infamously. Even though the facts which prove this to be so may be brought clearly to their minds, they will still doubt and waver and will continue to think that there may be some other explanation. For the grossly impudent lie always leaves traces behind it, even after it has been nailed down, a fact which is known to all expert liars in this world and to all who conspire together in the art of lying."

The concept of the big lie is based on sound human psychology, and although the author above is long dead. His spirit lives on in modern societies and governments. Everyone who passes on today's big lies, be it in government, the sciences, the media or wherever are equal participants, if not conspirators, in misleading the general public for whatever nefarious reasons, such power elites consider important or vital. For the record the quote above is from none other than Adolph Hitler, himself (Mein Kampf, vol. I, ch. X).

So, for those who wish to recognize today's big lie, do not come to my doorstep to seek enlightenment. On the contrary, I will send you away. I will tell you to stop looking towards others for answers. I will answer that you need to find out truth for yourselves, within yourselves! As a teacher, my job is to provide information. This is what I do. You, my readers, may judge for yourselves if you feel or believe that I do my job well. Your opinions of my job performance is not my present concern. My concern for my readers is for them to learn one single lesson, a lesson which is fundamental to our Torah faith. This lesson is freedom.

Freedom is not a political state, it is a mental state. The first of the Ten Commandments states, *"I am YHWH your God, who brought you out of the land of Egypt, from the house of slavery"* (Exodus 20:2). Let's have a real quick and simple Bible lesson to properly understand this verse.

First, a God is a Higher, supernatural Power that controls and directs one's life, powers and fortunes, all within the united realms of the natural and the supernatural. Mind you, the supernatural is only that which is natural, but which we human beings have not yet been able to understand.

Second, God's Name is YHWH. The Name would translate as "Being in Action," or maybe Sentient Consciousness, or Active Mind (Sekhel HaPoel). Sekhel HaPoel is an old Greek term used by the philosophers and adopted by many Rabbinic philosophers as referring to God. The Name YHWH is more a formula than a title. It describes a reality which does not easily translate into English without an explanation.

Third, this Sentient Consciousness, this Active Mind, this Being in Action is in control of us. This YHWH brought us out of Egypt, and out of the “house of slavery.” Two exoduses are thus mentioned, one from Egypt, one from the house of slavery. YHWH does not need to be redundant, therefore if two are mentioned, then each one must be referring to something more, or different from the another. The exodus from Egypt is the clear historical event of that Biblical moment. Yet, the house of slavery is not just another mention of the historical past. Rather, the house of slavery is a reference to the psychological state of the human psyche/soul/mind. God not only freed our bodies, He also freed our minds.

The first commandment therefore states that God freed our minds. Thus the first command is to be free in our minds. Then, and only then, will the free mind seek a free life, and thus build a free society, based upon the concepts of freedom and liberty!

In such a society, built upon the minds of free men, there is no place, nor any tolerance for any big lie. Lies, however, big or small, enslave the mind, and lock it into a false reality. Within this false reality, the enslaved mind is then directed to take actions that deprive others of their freedoms, their lives, their liberties and their properties. Is any of this beginning to sound familiar?

Fighting the big lie is not as hard as it may sound. Fighting this battle does not require many weapons or great physical strength. In order to expose today's big lie, all you have to do is turn it off, and let the proverbial smoke clear, until you can again see the natural world around you. You see, no matter what you believe, 1+1 still equals 2, no matter what anyone else has been telling you. You cannot take my word for it. You must see it for yourselves.

So, start peeling away the husks and shells that cover your eyes, your ears and your minds. Look to become calm within. Return to the natural way that nature's Creator has made. Return to that place which we naturally belong, both mentally and physically. Until we are in our rightful natural places, we will never be able to perceive the world around us as we are naturally meant to see it. So, first return (shuv, teshuva), and then look inside. When one looks inside, one will see the outside ever more clearly. This is the secret of every great thinker, discoverer, artist, dreamer and visionary.

Fulfilling the first commandment is the prerequisite for fulfilling all the rest. Free the mind of the big lie. Embrace freedom and pursue liberty. Then, we can fulfill the rest of the Creator's Laws and return to live in harmony with the natural world that He has made.

In time, as our free minds expand, we will discover, and we will see, that the natural and the supernatural, the physical and the metaphysical, are all one and the same. It is only our presently limited minds that fail to see the great picture.

When we give up the big lie, we can begin to see the big truth.

But vision starts from with Y-O-U.

So, Y-O-U have to start to see.

And, there is no better time, than the present to begin.