

KosherTorah School

for Biblical, Judaic & Spiritual Studies

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A Seventeen (17) Lesson Audio Course

Sefer Hanokh

The Hebrew Book of Enoch

(also known as, The Ascent of R. Ishmael)

Taught by Ariel B. Tzadok

Course Outline & Links

Lesson 1, Chapter 1. An overall introduction into the experience of Merkava ascent. Ascent is a psychological, astral phenomena. This is why the ascent is properly called a “descent,” meaning a descent into the deepest levels of the unconscious, and from there, astrally traveling outside. **This series is geared towards explaining the practical realities of such travels,** with pointers from my personal experiences. The meaning of the Gates and the Guardians, and how their appearances change in accordance to the eye of the beholder (especluria sh'ayna me'ira/kilpah). This is not a class just about academic or philosophical ideas and concepts. The connection between the spiritual, psychological and extraterrestrial is fully explained. For those seeking actual spiritual experience and guidance, this is the class for you.

Lesson 2, Chapters 2 – 4. **Secret of the Metatron Race.** Identifying the different races of extraterrestrials that we call angels. How these entities view the human race with disdain. Why Enoch is called Metatron and “Youth.” The 70 names of Metatron (and God), how each is understood and perceived differently by all the nations of the world. The race of the Metatrons, preexisting the universe, and where they are now, and what they are doing. How Enoch joined the already existing race of Metatrons, and who they really are. Secrets of the pre-Adamic dragon race, the Teli. Secrets of Atlantis, and the fall in Eden, secret of the Nahash/Serpent. The objection to Enoch's ascent, and how this led to a rebellion in Rakia. This lesson is the source material of many later midrashic teachings. It discusses the great Heavenly plan, and emphasizes why astral ascents of this nature are so vital to one's personal spiritual growth and for the betterment of the entire race.

Lesson 3, Chapters 5 – 7. **The Fallen Angels & the Origins of Idolatry.** Secrets of the tangible life-force energy field called the Shekhina/Chi/Orgone/Vril/Nefesh. It was an actual energy source that connected ancient Earth to its source world Aravot Rakia. After the expulsion of the Adamic race from Eden, human beings searched for a different source of energy and technology in order to run the planet. They tapped into other natural forces. They were taught how to do

these things (technologies) by angelic entities who disagreed with God's plan and direction for experiment Earth. Rather than surrendering to the Divine plan, humanity decided instead to forge their own plan, and entities from above assisted them in this effort (both in the past, and in the present). This then is the true form of idolatry. Enoch was taken up to Heaven to serve as witness and proof that project humanity could be successful and that Adamic souls can be successfully integrated into homo sapien bodies. Just how Enoch was genetically transformed for life off Earth will be the topic of the next lesson.

Lesson 4, Chapters 8 – 11. **Genetic Transformations & the Secret of the YHWH Princes.** Enoch was prepared to be altered from a homo sapien human being into whatever form he became. Enoch was placed at the gates of Aravot, the place of connection between what the later Kabbalah would call the Beriatic and Yetziratic universes. In other words, Enoch sat in the 7 Heaven at the veil that conceals the higher 8 -10 levels of Heaven. Many terms and numbers are referred to which clearly are some kind of code, which to this day, seems unbreakable. Enoch/Metatron serves YHWH as His Divine representative in the lower worlds. Mashiah Ben Aharon & the heavenly High Priest. Michael/Metatron. Enoch/Metatron serves as the Zeir Anpin (using the later term). There are however Higher Princes, angels who also share the Name YHWH with their Creator. This class discusses the secret relationship of YHWH, Adam and Torah, and concludes with a brief discussion as to what really is the Torah, and what exactly are its secrets.

Lesson 5, Chapters 12 – 14. **Enoch/Metatron, the Little YHWH, Who is Not God!** Enoch becomes Metatron, and Metatron is called the Little YHWH, but this does not make him to be YHWH Himself. Metatron can bear God's authority, but not God's essence. God's name is IN Metatron (as in the angel of the Lord, in Exodus), but he is not God. This relationship between Enoch/Metatron and the Son of Man discussed in Daniel, and First Enoch, became the foundation of the Christian belief that Yeshu was somehow God incarnate. This class explains the history of this concept, how it began, and how it became what it is today. Enoch/Metatron's authority is over all the Heavens and Earth, that which the later Kabbalah calls the realms of Asiyah and Yetzirah. All in these domains are under Metatronic authority, and this includes Samael, and all the powers charged by God to test humanity. This class continues to reveal more about the Metatronian race, and humanity's relationship to it, at present, and in the future.

Lesson 6, Chapters 15 – 16. **Metatron, Moses and Elisha Aher.** We begin with the nature of Enoch's transformation into another life-form capable of permanent existence in his new realm. We also reference Elijah and how his ascent was different. Enoch is Metatron, Elijah is Sandalphon, Metatron in Yetzirah, Sandalphon is Asiyah, and what this all practically means. Moses ascended above in astral form. Upon appearing "above," he too is confronted as was Enoch before him. Metatron is dispatched to defend Moses, but this is not their first meeting. They met earlier at the burning bush, when Metatron served as "the angel of the Lord." Later, Aher ascends. Seeing Metatron, he proclaims that there are two "gods." What he meant was that there appeared to be two different sets of rules as to how the universe operates, the rules of Heaven (under the name YHWH), and the rules of Earth (under the name Elohim). Aher is corrected, but makes a terrible choice, requiring the Sages to disavow him because of this choice. More about Aher is discussed in our Legends of the Talmud series, in the class about the

Four who ascend Above (from Tractate Hagigah). We conclude with practical and relevant lessons about religious extremism.

Lesson 7, The Seven Heavens & their Angels. How Rabbinic Judaism is as much a descendant of the Essene school, as it is the Pharisee school. References from the books, Shoreshei Shemot and Malakhei Elyon, on the names of angels, and how our list in Hebrew Enoch is unique, and not found in later literature. How it is strange that the angels and heavens, as discussed in the Zohar, do not always coincide with the Enoch sources. This class emphasizes the fundamental differences between systems based on personal experience, and those based upon philosophical speculations. Examples are made from the Talmud Hagigah, and an episode from Rabbi Yaakov of Merush, who would communicate with angels, and ask them what Heaven says about Jewish ritual law practices. References are also made to Josephus, Qumran, the laws of teaching Ma'aseh Merkava, and the difference between the original Sitrei Torah (secrets of the Torah), and the later Kabbalah (Jewish mysticism). Introduction into the 72 Angelic Princes over the nations, and their relationship to the planets.

Lesson 8, The Angelic Hierarchy, Introduction into the Galactic Government.

First, we discuss the age-old controversy, are angels all incorporeal, or are there those that are physical. We see from the text that their physicality is definitely implied. These entities travel by some means of transportation device, herein called, "horses." Angelic authorities form a strict hierarchy, each with their individual realm of authority and responsibility. Many angel names given herein are not found anywhere else, and may be words in a language that we humans cannot identify. Many angels names are codes, and others are titles, describing the entities field of responsibility. Then come the YHWH angels. These are above Aravot, and using the language of the later Kabbalah, reside in Olam HaBeriah. Above these stand the one angel, who is two. One over life, and the other over death. We conclude this lesson with deep secrets about the relationship between Metatron and Samael, bringing us an understanding about the Devil and evil as it is revealed through the Hekhalot and the Torah.

This class also includes the most direct, and practical full instructions on how merkava ascent and astral travel is to be performed.

Lesson 9, Chapters 19-21, Angel Tech of the Merkava Chariot. Rekhaviel, Hayaliel and the Hayot. This lesson indicates that the Merkava/chariot (as recorded in Ezekiel) is something more than just a mere form of transportation device. Individual "angelic" entities are responsible for specific parts of its operations, and these entities are endowed with tremendous power and authority. **This class discusses the actual nature of what is the merkava/chariot, and what insights we can glean from our text to reveal what its actual function and workings might be.** *The merkava is a life-force, life-giving "machine." It is inter-dimensional, whose function is the sustenance and maintenance of life in existence.* The entity "angels" associated with it at the different levels therein are both individual beings and machines both at the same time. While we read their names in Hebrew, these names are only titles for our present understanding. *This class explains more about the visualization/meditative exercises used to glimpse a view of the psychic merkava, and how this can be accessed within human consciousness.* We also discussed the Golden Spiral, the Fibonacci sequence, and how this fits into, and possibly helps explain, the actual function of the merkava living machine.

Lesson 10, Chapter 22, **Secrets of Keruviel YHWH, and the Cherubim**. Mission of the Cherubim, Crossing the Bridges of Fire. We open with a review of the difference between theoretical religious knowledge and direct spiritual experience. *Hebrew Enoch is a book written in code that describes actual, direct experiences with higher realities*. We discuss the differences between astral projection (haluka d'rabbanan), and seeing higher worlds in expanded consciousness. Cherubim are not little babies, but something entirely foreign, and frightening. They serve as part of the Merkava machine. We discuss Keruviel YHWH as a Beriatic being, and then proceed to describe and identify Cherubim from the Merkava vision of Ezekiel, chapters 1 and 10. Also mentioned is Ezekiel 9, and the "X" mark placed on the righteous, in the past (and the future). Keruviel YHWH as a Beriatic being is a Neshama, not a Malakh. As such he is one of "Israel" above. What "Israel" above is discussed and how it differs from Israel below. *Cosmic Torah are the laws of nature. Torah on Earth (halakha/the commandments) are how human souls align themselves with the cosmic polarities*.

The Cherubim are the entities which, as part of the Merkava, serve as the conduit transferring Divine energy and directives from above to below. This is why their form is on the Ark of the Covenant, and why it is specifically a Cherub, with a sword of fire, that guards the way to the Garden of Eden. We briefly discuss the Inner Earth Temple, and how the Ark is there being serviced by modern-day Zadokite priests.

We conclude with a discussion of the bridges of fire, and how they are the pathways of psychic/astral ascent, and how each of us, individually, is destined and required to walk this path, no matter how long it takes for us to do so.

Lesson 11, Chapter 26, **The original purpose of Apocalypse**. Seraphiel, the Seraphim and the Satan. We open with an understanding of the poetic nature of angelic descriptions, and how the original Hebrew texts are used as chants to attempt a personal visual experience of the realities of the individual entities described. How experiential literature (prophetic/merkava), starting with Ezekiel and Daniel in the Bible, continued throughout the Temple period and into the Talmudic period, and where this genre of literature is today. The relationship of Beriatic angels to souls, souls to the Name YHWH, and how these both relate to Yetziratic entities. How there are human souls and "Israel" in every world, on every planet, regardless of dimension or galaxy. The Seraphim are the higher Teli, the Beriatic entities of fire. Their function is to burn the tablets of the Satan, written by Samael and Dubiel that recounts the sins of Israel. It is clear that Satan is not Samael. These three, Seraphiel, Samael and Dubiel correspond above the the triad below of Rome, Israel and Persia. These powers exist on our planet as part of the great Divine plan for the evolution of our world. This is discussed in some detail. *Readings from the book Malakhei Elyon by Rabbi Reuben Margolis showing a relationship between Seraphiel and Adam. Readings from the book Shoreshei Shemot by Rabbi Moshe Zacuto showing a magical formula using the angel Seraphiel.*

Lesson 12, Chapters 28-31. **The Watchers & the Heavenly Court, the Princes of YHWH**. We begin with a discussion about understanding natural law and how everything in the universe requires natural balance. We then review how existence operates under specific parameters and how conscious, sentient entities are part of the fabric of everything to ensure that the Supernal Mind is manifest properly in all its multiple parts. There are a chain of Watchers, from the highest in Aravot to the Teli here on Earth. We briefly discuss the history of the ancient, holy dragons, and the ones who broke from them in the fall. We discuss how all the individual

nations of the world each have equal access to, and relationship with Heaven, each in their own way. How judgment of a soul actually occurs and why. Judgment, including mercy is part of natural law, and part of the operations of the great “machine” of creation. The Princes of YHWH are the members of the Heavenly Supreme Court, who are each called by the name of YHWH. They are part of the collective. We explain what a Throne is, what judgment is, and how it is a natural, ongoing process of alignment of all integral parts into the greater whole which is YHWH. Perspectives of the sefirot, internal or external, and why this is important.

Lesson 13. Chapters 43-44. **Journeys Around the Afterlife with Metatron & R. Yishmael.** This class begins with an introduction about the true nature of souls, and the realities they experience outside of human bodies. How the afterlife is perceived as a projections of one's thoughts during life. The Gan Eden of Earth and Gehinom are considered to be physical locations in Inner Earth, where souls reside all the while that they no longer inhabit human bodies. The nature of souls trapped here on Earth, and what is needed for them to be freed. Righteousness and sin are both calibrations of life force energy, pro and con respectively. Those who calibrate towards righteousness align with life, and ascend, and vice versa for the opposite souls. The reality of the Throne of Glory and the Beriatic realm. Newborn souls (beriatric) that will only be born once Mashiah comes. The nature of disincarnate intermediate souls and how they are rectified. A brief discussion about possessions and exorcisms. The nature of Divine Justice and the foundation of existence, prayers for mercy and redemption, what delays redemption, and what we must practically do to assist in the great scheme of things to help bring redemption closer. Mention of a meditative exercise to assist one in discovering one's true inner identity.

Lesson 14, Chapters 45 – 46. **The Generations of Man & the Souls of the Stars.** Secret relationship of space/time and consciousness. The invisible universe above ours, the invisible mind (unconscious) within us, and the invisible order and structure that guides them all. The Higher Torah, the natural, universal way, how it existed before Sinai, and how, even now, this Torah exists everywhere. Every nation has this Torah and every nation has its prophets. All is structured and ordained in accordance to quantum probabilities, and in accordance to reverse time, where the future marches backwards into the past. The vortex of meeting when the future past meets the past future is the time when Mashiah dawns in our world. The source of astrology, the souls of the stars. Readings from RaMBaM (Maimonides). Stars are alive, living, sentient, self-aware beings. Our future relationship with stars. The natural, way according to Higher Torah, how to understand Jewish Law, through Gemara study.

Lesson 15, Chapters 47 – 48a. **Souls of the Angels, God's Right Hand & the Coming of Mashiah.** Angels do have souls. These souls descend into forms for the sake of being conduits of life-force energy. Yet, sometimes these forms are improper, and the “song” they “sing” is wrong. Their forms (bodies) are then deconstructed in the Nehar Dinur (River of Fire) that separates the higher and lower dimensional planes. God's Right Hand, a metaphor for the sefirotic Partzuf Zeir Anpin (ZA), who is in a state of dormita (concealment) during the time of exile. This is symbolically called God's right Hand being tied up behind his back. The redemption begins in this state. Human righteousness contributes. Righteous human consciousness projects into the collective mind seeds of influence to “speed” things up if possible. Yet, the redemption comes “in its time.” When redemption comes there will be a

comprehensive transformation of human consciousness and the dimensional planes in which it exists. Reference is made to many messianic prophecies. Secret of Inner Earth, the Kan Tzippur (Bird's Nest), the age and birth date of Mashiah ben David, and the secret identity of the army that supports Mashiah in his establishment of the Kingdom of Heaven upon the Earth. Reference is also made to many current events, including the purpose of the existence of the present State of Israel

Lesson 16, Chapter 48b. Enoch's Ascent & Metatron's Authority. A review of the entire Enoch legend. How and why a human being was chosen from Earth to ascend to realms beyond, to serve in a position of authority over already existing higher races of beings. The necessity of understanding science and natural truth, and how these themselves are Torah. Therefore, whatever be truth, and wherever it is found, this is Torah. There is thus no separation whatsoever between science and real religion. The scientific understanding of life transforming from one form into another, or how exactly could Enoch be translated from a human being into a being of either pure energy, or into another form that we cannot imagine, and most likely could not even recognize as a life-form.

The race of Metatrons, and where Enoch the former human fit into them, and into God's greater plan for humanity and our planet. Metatron as general over his army of lesser ranked messengers (angels). Metatron in charge of the Watchers (Daniel), and how the Watcher interact with him, and how they can (and do) equally fight with one another. Metatron's relationship with human souls, and the true nature of repentance, how Hebrew Teshuva, and eastern Karma differentiate. The fate of the souls of human children who die before having fulfilled their Earth missions.

Lesson 17, The Seventy Names and Identities of Metatron. In this final lesson of the series, I summarize and reveal all the secrets of how Metatron is known to all the different nations of the world, (and to citizens of other planets), each by a name and context unique to their individual cultures and religions. We discuss specific names Yahuel, Eved, Ruah Piskonit, the little YHWH, Na'ar, Taftafyah, and clear up the garbled forms of the angel Zagnugael, who appeared to Moses in the burning bush.

We discuss Moses' ascent into heaven in his astral body, and how in that body consciousness shifts into astral consciousness, maybe this being what we today call theta and delta brain waves. When he descends back into his body, he forgets the Torah because in the flesh he is back in his alpha-beta mind. Moses was thus altered to be able to use all four together in perfect harmony. This gave him the ability to read God's Mind, and thus making Moses, chief of all prophets.

Quantum Torah was given on Sinai, the entire Torah is its primordial, non-physical state. This is the universal Torah, the Torah of Mashiah, the true secrets of the Torah. All have access to this Torah, whereas Israel alone embraces the Torah of Moses.

The importance of Halakha, the living flow of the living Torah. Who alone has the right to be called a Rav, a teacher of Torah. The argument in Heaven between Metatron who taught Moses the Torah and the angels who were angry at him for doing so. **The healing tradition of Torah, and how it is similar today to that found in certain aspects of traditional chinese medicine (TCM). The Jewish connection between Native American beliefs and peoples, and Chinese beliefs.** The secret order of using the seventy names from the book Sefer Heshek, by R. Eliezer of Worms. This is the order found on my Metatron Shiviti.

Course Details

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The Written Works of Ariel Bar Tzadok

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