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A New Two-Part Audio Course The Sefirot/Merkava Meditation Prayer with The Havaya-Ani Unification Meditation

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Part 1

The Sefirot/Merkava Meditation Prayer

Based on the selection in my book, Walking in the Fire, Section Three, Chapter Five.

This class explains basic concepts such as what is God, what is the meaning of God's Name YHWH, and what it actually means to do Teshuva, return to God.

This is an exploration into psychological space, and understanding the nature of the sefirot within one's self, and how they are to be experienced.

This lesson is about personal transformation, and practically how one expands one's consciousness to

יָאַקּבּנִיה יָאַקּבּנִיה יִאַקּבּנִיה יָאַקּבּנִיה יְאַקּבּנִיה יְאַקּבּנִיה יִאַקּבּנִיה יִאַקּבּנִיה יִאַקּבּנִיה יִאַקּבּנִיה יִאַקּבּנִיה יִאַקּבּנִיה יִאַקּבּנִיה become constantly aware of the ultimate Singularity of the Presence of God, and just what this actually means.

1-hour audio lesson



Part 2

The Havaya-Ani Unification Meditation

Reference the written material that accompanies this lesson. The Realignment Prayer.

Rule: Prayers work only when they are recited with sincere devotion. You have to mean it, in order to make it true. It is best to recite this prayer aloud in a whisper, including all the Names herein.

In order to solicit a meditative affect, it is best to recite each

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Name, and each stanza of the prayer three times. These will be marked with a (3x). Faith here is the essential ingredient.

Words work because we believe in them to work.

This prayer contains powerful concepts, and "Names" which can truly support the process of the realignment of one's soul with one's Divine Source.

Please note, that this prayer can be translated, and recited in any language.

Hebrew is not required, not necessary,

and unless it is one's mother tongue, not suggested.

1-hour audio lesson

Along with the two audio lessons are two PDF documents, the Kavanah of the Merkva (a section from my book, Walking in the Fire), and the Havaya-Ani Unification prayer.

Instructions to Purchase:

This new Meditation lesson, with two 1-hour audio classes, and two PDF documents are available only as a complete set.

The cost for this course is \$45.00 (USD).

To order this course, please go online to our **Donations Page**, or directly to **PayPal**, and make a donation in the amount of \$45.00.

Make sure tht you include a note saying, "for the Meditation Course."

Upon receipt of your order, you will receive in turn three PDF documents, one containing the links to the online classes, and other two being the written materials for the individual lessons.

Thank you for your interest in our KosherTorah School. Please feel free to email me your questions.

The KosherTorah School



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