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# Daily Thoughts

## *Words of Wisdom and Inspiration*

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*May 2016*

Which is better  
to feel good,  
or to be good?  
Is there a difference  
between the two?  
Must there be a  
difference between the two?

One can indeed both  
feel good, and be good.  
But what happens  
when one reality  
conflicts with the other?  
What happens  
when what makes one feel good  
is not good for you?  
What happens when  
in order to be good  
one must move beyond feelings?

The ancients knew and understood  
that whatever is on the surface  
of a thing  
is not that thing's true essence.  
Waves travel the surface  
of the ocean.

The waves make the ocean  
roar like a lion.  
Yet underneath the water's surface  
the waves move by,  
and are hardly felt.  
As it is with ocean waves,  
so too is it with human emotions.

Emotions are like waves  
they rise high,  
and crash hard.  
Those surfing the waves  
can be exhilarated by the ride,  
or wiped out by it.  
Those exploring beneath  
the waves  
see none of the surface turbulence.  
Instead they experience  
the awe and mystery  
of the hidden deep.  
Therein lies true revelation.

So when some pursue  
good feelings,  
they are like riding waves.  
They rise up and crash down.  
For some this is how  
they feel good.  
But the constant turbulence  
is not in one's best interest.

In order to be calm,  
one must seek the quiet and solitude  
of the dark deep  
under the ocean waves.  
In this unemotional silence  
one can be good,  
and not have to worry  
about turbulent emotions, and feelings.

Alas, for some to ride the waves  
is their only pursuit in life.  
What a shame that such shallowness

leads to one's wipe out.

Dive beneath the waves  
seek the silence of the deep within.  
Know the solitude and peace  
of the inner space  
of the inner you.

Be not distracted  
by the rising and crashing waves.  
Instead, focus on what is good,  
what is really good,  
and then be it!  
Allow your mind to experience calm.

Be good!  
Focus not on the waves of feelings.  
Be good!  
Never be distracted by how you feel.  
Be good!  
Focus on what this means,  
and become it.  
Allow the inner peace  
to transform you.  
Let the heart know  
the peace of the mind.  
Never be so arrogant  
not to fix a mistake  
while you still can.

May 2, 2016

The mystery of God  
is the mystery of man.  
Understand the one  
and you will gain insight  
into the other.

The mystery of Heaven  
is the mystery of Earth.  
Understand the ways  
of the Earth,  
and you will gaze upon  
the mirror reflections  
of the ways of Heaven.

Of course,  
inner and outer reality  
are different, if not  
opposite from one another.  
Both are two sides  
of the same coin.

Both sides of the coin  
join together to form  
one whole.  
Each side is unique.  
Each side serves its own purpose.  
Only the two sides together  
form one coin.

As it is with a coin,  
so too is it with our world.  
Heaven and Earth  
are two sides of the same coin.

There are far more secrets  
to this than words can describe.  
We are beings of both  
Heaven and Earth.  
We have souls from Heaven,  
and bodies of Earth.  
Bodies always go  
the way of the Earth.  
So too, do souls always go

the way of Heaven.

The way of Heaven is life.  
The way of Earth is death.  
Two sides of the same coin.  
Bodies die, souls live.  
Is this not a reality  
that we already know?

We understand that  
Heaven is above,  
and presently  
beyond the understand of men.  
We understand that  
Earth is beneath our feet,  
and is, therefore, subject  
to our exploration, discovery,  
and analysis.

The more we know about Earth,  
the more we will understand  
the mirror image of Heaven.  
The more we understand  
about our lives here on Earth,  
the more we will understand  
about the true nature of our souls  
in their Heavenly reality.

Gaze into the mirror,  
and seek understanding  
from the reflection therein.  
There is wisdom inside us.  
There is wisdom and insight  
seen in one's reflection,  
seen by the one who gazes  
with intensity and truth.

Mirrors reflect.  
Heaven and Earth  
reflect one another.  
The conscious mind  
and the unconscious  
reflect one another.

Dive deep into meditation.  
Explore your own inner space,  
and in time,  
you too will gaze upon  
the mirror image of Heaven  
that is inside you.

May 3, 2016

It is a mystery.  
How does light  
become darkness,  
and how does darkness  
become light?  
What is the purpose  
of this transformation?

We see this every day,  
yet our eyes do not see it,  
nor do our minds perceive it true.

Do you not know  
that life on earth  
is school?  
Every day is class.  
Every day there is what to learn.

And do not forget,  
once life teaches us  
its lessons,  
tests always follow.  
Why would we think  
that nature would follow  
any other course?

Turn to your teacher,  
and learn!  
Listen to the voice of instruction  
speaking to you  
from every corner of the Earth.

Listen to your interpreter,  
the voice within your mind,  
that translates for you  
the messages of nature  
into the language  
of your understanding.

Underneath your skin  
is your full body.  
Underneath the sights  
of your eyes

is where the real truth resides.  
Do you see it?  
Do you even care to seek it out?

You will be tested!  
After all, you are  
nature's student.  
You are attending  
the school which  
God has made.  
You can't drop out.  
You must advance.  
And you will,  
one way or another.

In the end,  
however long that may take,  
we will all graduate  
and advance to another world  
in another place  
to continue our education,  
and to rise higher and higher  
to a place that today, we cannot see.

We will get there.  
We will learn.  
But we can help the process  
by cooperating with it.  
Be open to learn from life.  
Look for the lessons  
that life is teaching you daily.

Reach out with your senses,  
and with your mind.  
Ask the great question,  
and never, ever stop asking it.  
W-H-Y-?  
That is the great question.  
W-H-Y-?  
Continue asking, never stop.  
Discover nature's secrets  
all around us, and inside us.

God gave us curiosity



in order to motivate us to ask,  
so “ask” we must.  
When we ask,  
we will be answered.  
Only then will we understand.  
And when we understand,  
the tests will come  
to prove that which we know.  
Embrace the path – seek graduation.

May 4, 2016

- \* Torah was given to humanity to enlighten, and to emancipate the human mind from the prison, and fallacies of spiritual superstition.
- \* Torah's path does not walk down the “my religion is better than your religion” road.
- \* Such an attitude, in and of itself, is immature, and unbecoming.
- \* Torah's path is to enlighten the human mind through rationality, and the keen ability to think clearly, deeply, and intelligently.
- \* Wisdom and understanding, above all, matters!
- \* Torah came to present humanity with a logical, and rational understanding of both the physical and metaphysical worlds.
- \* Only rational religion, and rational mysticism can be defined as the authentic Torah path.
- \* Any Torah that is not rational, and logical, is no Torah, at all.
- \* God's greatest gift to us, is the thinking mind.
- \* Only when we use it are we truly “worshiping” our Creator.
- \* This is kosher Torah!

May 5, 2016

To ascend the ladder to Heaven  
is easy,  
once you know  
how it's properly done.  
To descend into the depths  
of the unconscious  
does not have to be hard  
once you understand  
what it actually means.

There are many paths before us  
that are only hard  
in the mind of the beholder.  
It is personal perception  
that makes a path  
either hard, or easy to walk.

Your mind is a powerful tool.  
Your mind is what connects you  
to Heaven.  
At the same time,  
your mind is what connects you  
to Earth.

Do you see it?  
Do you understand?  
Your mind is the ladder  
that bridges Heaven and Earth.  
The ladder is inside you.  
The ladder is YOU!

You can ascend into Heaven  
or descend into the unconscious,  
as a matter of Will.  
You have the power,  
and internally,  
you already know the Way.

All you need to do  
is remove the many hindrances  
that litter the road,  
making your passage  
seemingly more difficult.

We call this road repair,  
rectification.

When looking outside ourselves  
all we see is chaos.  
When loosing inside ourselves,  
we often see the outside world  
reflected inside us.  
Therefore, inside us,  
we also see chaos.  
But this is not the way  
it is supposed to be!

We should never reflect  
the outside world  
inside us.  
Rather, we must always  
reflect the inner world  
into our surrounding world.  
Inside influences outside,  
not the other way around.

Yet, in order for the inner You  
to influence your outer world,  
you must know the Inner You,  
and allow its clear sense of identity  
to impose itself upon  
the chaotic outside world.  
The power of the mind is the key.  
The source of the mind is the Will.

Think clearly.  
Focus strongly.  
Desire only that which is within.  
Forget about the chaos outside.  
Focus on the internal reality,  
and make it real!  
You can do this!  
And why?  
Because thoughts are things.  
And thoughts are the souls  
that come to inhabit  
the bodies that make up this world.

Therefore, draw down to Earth  
the souls of your choice.  
Transform the world.  
Rectify it!  
Repair the road.  
It all begins with,  
and ends with,  
the power of YOUR mind!  
This is kosher Torah!

May 6, 2016

All life has its beginnings.  
The beginning is always  
the mother of all things.

All things come from  
one's physical mother.  
All things return  
to the cosmic Mother.

The Mother represents  
the great circle of existence.  
From life to death,  
and from death to life.  
The Mother is there  
in the beginning,  
and in the end.

Every day in which we live  
we celebrate the Presence  
of our Supernal Mother.  
She gave birth to us.  
She nurtures us.  
She teaches us, guides us,  
and educates us.  
Every man desires to marry her.  
Every woman desires to be like her.  
We have much indeed  
to be thankful  
to mothers of all kinds.

Remember this day  
your Supernal Mother.  
Remember this day  
your earthly mother.  
Give thanks to our  
Father of Heaven  
for them both.

For the Supernal Mother  
births our souls  
just as our physical moms  
birth our bodies.

Thank your mothers  
for the gift of living.  
Thank your Mother  
for the gift of life!

May 7, 2016

Something always begins  
from nothing.  
Even nothing  
comes from a something  
that from our point of view  
is itself no thing.

Sources always ascend  
higher and higher  
until they reach beyond  
the limits of human perception.  
So be it!

Yet, just because I cannot see it,  
touch it, or listen to it,  
does not mean  
that I cannot move it.  
Yes, I can move it.  
I can influence  
the unperceived source above.  
I can yank on the chain here below,  
and send a ripple effect  
all the way to the top,  
even into those domains  
hidden to my perception.

Persistence, faith, determination,  
and sheer raw stubbornness,  
these are the characteristics needed  
in order for one below  
to shake up that which is above.

We are not slaves on the bottom  
beholden to whatever befalls us  
from above.  
If something undesirable comes down  
from above,  
we retreat into the inner recesses  
of our minds  
and in meditation,  
we yank the rope,  
and we continue to yank it, and pull it,  
until we either bring Heaven down to Earth,



or destabilize the entire structure above.

Direction comes not from Heaven.  
The Earth is the domain of humanity.  
Human beings dictate here,  
and Heaven confirms, and acquiesces.  
When this occurs all is right with the world.

When this sacred balance is disturbed  
by either side,  
then balance must be restored.  
Heaven must be put back into its place,  
and so too must humanity  
be restored to its proper place.

This restoration is what we call rectification,  
and the realignment of the worlds.  
Only when all operates as it is designed to,  
will harmony, balance, and peace  
reign supreme.

Something comes from nothing,  
and thus the two are intimately connected.  
As I exist in the one,  
I can influence the other.  
Human beings are created  
with the Divine Image within.  
This gives us the power  
to mold what is, the something,  
and this gives us power  
to influence and to manipulate  
the nothing, the source of all.

The small can overcome the great,  
and the weak can overcome the strong.  
Sheer raw stubborn determination  
is the force  
that when coupled with the focused mind  
sends the ripples of thought and emotion  
higher and higher through the dimensions  
until they reach their concealed source,  
and there take effect, and create influence.

How else do you think prayer works?

Why else does one meditate?

This is the secret of the renewal of the moon,  
and the restoration of the Queen,  
and the Kingdom.

Do you understand this now?

This is kosherTorah!

May 9, 2016

Existence belongs to God.  
Heaven belongs to the angels.  
Earth belongs to humanity.

The Way of God is seen in existence.  
The Word of God is revealed from Heaven.  
The Works of God are clear and evident  
for all to see.

The Works reflects the Word,  
and the Word reflects the Way.  
The Works, the Word,  
and the Way are One.  
They each manifest,  
and relate to us here on Earth,  
the Will of the Supreme Mind,  
the Universal Consciousness,  
the Active Being of all existence.

There can never be a contradiction  
between the Way, the Word,  
and the Works of God.  
All speak the same message.  
All relate the same tale.  
All reveal the same secrets.

If there ever appears to be  
any difference between the Way,  
the Word and the Works,  
know then that it is our  
understanding that is incomplete.  
It is not the fault of Heaven  
if we on Earth do not see the big picture.

What we see here on Earth  
is only a certain perspective.  
As we advance in observation,  
we also advance in knowledge.  
Knowing more about the Works  
reveals to us more proper insights  
into the Word, and thus  
reveals to us revelation of the Way.

Our job is not to ascend to Heaven.  
Our job is to bring Heaven down to Earth.  
Our job is to make the Word understood  
in light of the Works that we see.  
For the Word is not in Heaven,  
it is here on Earth,  
among us, and within us.

The Word speaks in  
the language of Heaven,  
but here on Earth,  
the Word must be translated  
into the language of humanity.

When we speak the Word  
in our own tongues,  
we indeed have brought  
Heaven down to Earth  
and achieve the purpose  
for our temporary sojourn here.

The Voice of the Word  
is the sound of thunder.  
No ear can hear it.  
No mind can understand it.  
Only when the Voice  
is heard in the language of humanity  
can the Word be understood,  
and then put into proper practice.

Today most seek to hear  
the Voice of thunder.  
Very few seek to hear  
the Voice of the Word  
as it lives in the heart,  
and the mind,  
and in the language  
of humanity.

This explains why  
those seeking the thunder  
hear nothing but silence.  
Whereas those who listen for  
the language of humanity

hear the Word,  
and learn the Way;  
all because they observe  
the Works, and learn from them,  
how to speak the language of man!

Can you hear the language of man,  
and thus understand the Word of God?  
This is kosher Torah!

May 10, 2016

ONE is a unity  
containing many parts.  
Each of us is part of  
a composite whole.  
We are all  
composite beings.

Each of us is made up  
of many parts.  
Yet, all the parts  
operate together as one,  
and only together  
do they all form  
that which I know as "me."

As it is with human beings,  
so too is it with our Creator,  
and mind you,  
so too is it  
with the rest of creation.

On the surface everything looks  
so separate, and so distant.  
But under the surface,  
in a place where we, as yet, cannot see,  
there is a flowing unity  
that unites all, binds all,  
and subjects all  
to a common destiny.

I am me, and I am one!  
So too is the universe,  
and more so, so too is God.  
Just as many are blind  
to the unity within themselves,  
so too are many blind  
to the Unity of God.

But what does blindness matter  
in a universe in which  
we, as yet, do not have  
full clarity of vision?  
It matters a great deal

what we can see,  
and what we cannot see.  
Just because we cannot see All,  
does not excuse us  
from the responsibility  
of seeing clearly  
that which we can see!

As life matures with time,  
so too does one's vision.  
True vision is not of  
the physical eye,  
which ages, and grows old.  
True vision is of the mind,  
and the heart.  
These only ripen in time,  
and grow stronger,  
and sharper with age.

So we learn to see  
with the inner vision  
of the eye of the mind.  
This brings clarity to that  
which, at one time, was unclear.

With growing clarity  
of the inner vision  
we begin to gaze upon the  
Big Picture.  
While we may not see it all,  
at least we can see that  
there really is One Big Picture,  
and that, each of us,  
is indeed, a part of that Whole.

Knowing that there is  
One Whole  
is the beginning of wisdom,  
and is called the Awe of God.  
The mature eye sees it.  
The mature heart knows it.

God is One. (Yod)  
The Universe is One. (Hey)

Humanity is One. (Vav)  
I am One. (Hey)

In light of the revelation  
of the One,  
I must ask.  
How really different  
are all the numerators,  
when indeed we all share  
a common denominator?  
How do all the fractions  
fit into  
the reality of the One?  
No matter how infinite  
the number of fractions,  
in the end,  
they will all equal One.

Contemplate this  
and you will begin to see.  
This is kosher Torah!

May 11, 2016



How can one move freely  
when one is tied down?  
How can one act independently  
all the while that one is dependent?  
How can one serve  
one's fellow human beings,  
when one is deluded into believing  
that one is serving Heaven?

Slaves think in terms of subservience.  
Free human beings think in terms  
of independence,  
and personal responsibility.

Children are like slaves,  
in that they cannot act  
independently.  
Yet, with our children  
we seek to educate them  
in order to bring them  
to the level of adulthood.  
In adulthood,  
dependent children  
transform into  
independent adults.  
As it is with our children,  
so too is it  
with the children of God.

God does not seek, or need  
slaves to do His bidding.  
God is the Creator,  
there is nothing,  
no one can do  
that God does not do Himself.

We, in turn, are God's children.  
We are charged  
to safeguard, and support  
that which our Creator has made.  
For this purpose  
do we come to Earth,  
to serve the Earth,

not to serve Heaven!

Our mission is not to ascend into Heaven.  
Our mission is to bring Heaven  
down to Earth,  
for the Earth's sake,  
and for our own.

Slaves cannot do this.  
Neither can children.  
Only wise, and experienced  
adults can responsibly  
perform the deeds  
of safeguarding, and supporting.

Long ago we were children,  
we behaved like children,  
and did childish things.  
This too was for good,  
for every child needs  
a childhood  
from which to grow up.

Humanity has had  
its childhood,  
and now the time has come  
for humanity's adulthood.  
No more subservience,  
no more slavery,  
no more childhood.  
It is time for the child to grow up.  
It is time for the sleeper to awaken.

It is the Will of our Heavenly Parent  
for His Earthly children to grow up.  
No more will He lead us by the hand.  
From now on,  
we must walk tall,  
and independent.  
When we walk first,  
and firm in faith,  
faith in ourselves,  
in this is God pleased,  
knowing that we, His children

have grown up,  
and finally have become like Him  
in being responsible,  
mature adults.

This is the Will and the Way of Heaven.  
Happy Birthday children!  
Today, we have become adults!  
Live this,  
and you too will see  
the truth herein.  
This is kosher Torah!

May 12, 2016

It is true that  
a little knowledge  
can cause a lot of harm.

It is true  
that one  
who follows one's heart  
at the cost of  
listening to one's mind  
faces a greater chance  
of suffering, and loss.

Feelings of heart  
must be subservient  
to the clarity of thought  
that comes from the mind.

When the heart  
blurs the mind,  
clarity of thought is  
the first causality.  
Acting on impulse  
may be fine,  
then again,  
it may not be.  
Time will tell,  
and time is a  
strict, and merciless teacher.

One who follows one's heart  
does not dismiss  
the rational mind altogether.  
Rather, for the one  
who follows one's heart  
what is rational  
is defined by how one feels,  
instead of how one thinks.  
One thinks with one's heart,  
and all the world make sense  
with one's heart  
at its center.

It is a shame

when one's center  
is a place  
where clarity of  
rational thought  
is subservient  
to one's prevailing passions.

The heart is never complete  
without the head.  
As the mystics say,  
the small face is incomplete  
with its brains.  
In order for the small face  
to become like  
the big face,  
the small face must receive  
its brains from above.  
Without its full mind  
even the small face  
is incomplete.  
As it is above,  
so too is it below.

In the smallness  
of little knowledge  
one looks out  
and gazes at the world.  
The small mind sees  
the small things,  
but mistakenly  
things that the small things  
are actually big.  
This is the mistake  
of little knowledge,  
and is the way of the child.

In order to grow up,  
the child must put away  
one's childish ways.  
But becoming an adult  
requires of one  
to gain knowledge.  
Little knowledge  
masquerading as proper knowledge

can no longer suffice.

The child must sit in school,  
before one's teacher,  
and learn!

Learn, grow, mature,  
awaken!

Let the natural path unfold  
and allow the small face  
to finally become big, and complete.

This is the secret of the mystics.  
This is kosher Torah.

May 13, 2016

You have heard it said,  
"the power is  
already in your hands!"  
But yet, while you believe it,  
you don't see it.  
Why is this so?  
Do you doubt the power,  
or do you doubt yourself?

Power to do great things  
is there for you right now.  
First thing you have to do  
is to grab on to it.  
And then, once you proclaim it,  
you then you have to use it.  
You can have  
all the power in the world,  
but unless you use it,  
you remain powerless.  
The power in a tool  
is not in possessing it,  
but in using it!

Using power!  
This is a most frightening prospect!  
Using power,  
means that one takes action,  
sometimes, incredible action,  
to perform a certain task,  
or to accomplish  
a specific deed.  
The power inside us  
can, for the moment,  
turn any one of us  
into a super hero.

Unleashing one's power  
requires of one  
first to believe that it is there,  
and second, to believe  
that one can indeed wield  
this mightiest of  
personal weapons.

The power of which we speak  
goes by many different names.  
Some call it  
the power of will,  
others call it,  
the power of mind,  
while yet others will call it,  
the power of heart.  
Whatever it is  
that we may call it,  
the power is real,  
the power is inside you,  
and all you have to do  
is unleash it  
with wisdom.

We are not  
victims of circumstance.  
We can learn to become  
masters of our own fate.  
This is why God  
has placed this power inside us  
from the very beginning.

We are created  
in the Image of God  
so that we may become like God.  
Like God,  
we must exert power and will.  
Like God  
we must express  
wisdom, understanding,  
and intelligence.  
Like God,  
we must act and live  
with compassion and mercy.

The more that  
we become like God  
the more we become  
masters of our own fate.  
This is the Divine Will.  
This is the Divine Plan.



The power is in you!  
The power is you!  
God is with you.  
Its time for you  
to be with God.  
Unleash your power,  
and see God act through you.

This is kosher Torah.

May 16, 2016

The hidden mysteries  
are higher reflections  
of our lower reality.

How can one expect  
to see the higher reflection,  
and understand what it means  
all the while that  
one does not understanding  
the lower reality  
in which one stands?

One will not properly  
perceive the reflection  
all the while that  
one does not know  
what is being reflected.  
One cannot see the higher  
before one can see the lower.

The beginning is not only  
a point in time,  
it is also a point in consciousness.  
It is the place from which  
all meditations begin,  
and to which  
all meditations return in the end.

The higher worlds  
are not "out-there" somewhere,  
waiting to be found.  
Rather, these worlds  
are inside us,  
inside our minds.  
The road to exploration  
is therefore always open before us.  
The road to above  
starts, and ends  
as a process of consciousness.

The road leading above  
follows its own unique path,  
but all roads begin from

the same point of origin.  
They all begin and end  
in the awakened, conscious mind.

Before one can ascend,  
one must first stand.  
Before one can gaze above,  
one must first know  
where above is.  
One must know  
where one is at  
before one embarks  
on a journey  
to some new place.  
How can one go to  
point B,  
when one does not know  
point A,  
from which one begins?

Before one explores Heaven,  
one must have first explored Earth.  
Before one delves deep  
into the unconscious mind,  
one must first know well  
one's own conscious mind.  
Why bother looking up to see?  
First, look out and see  
what is directly in front of you!

Do not concern yourself  
with the path far ahead.  
Concern yourself  
with your own next step.  
Keep your eyes and attention  
on the here and now.  
See it well.  
Understand it truthfully.

When you understand  
the Now,  
only then will you understand  
the Future.  
Understand "here"

and only then  
will you understand “there.”

Seek not mysteries  
until you first understand  
what is clear and evident.  
Every ladder ascends  
rung after rung.  
Do not miss steps as you climb.  
You may trip and fall.  
There is no benefit in this.

Know “here”  
then go “there.”  
Know “now”  
then proceed to “then.”  
Stand still, and observe,  
only then will you  
move and climb.

This is kosher Torah.

May 17, 2016

Before life can be born,  
it must first exist in the womb.  
Therefore, the womb  
precedes life.  
But how can this be?  
Is not the womb  
also a living thing?  
Therefore, life gives birth  
to life!

Know then that in the beginning,  
before life came to be,  
there was first the Primordial Womb  
from which all life would come forth.  
The Primordial Womb itself  
was inside the greater body  
of the Source of Life.

The Source of Life  
is called our Heavenly Father.  
But the Supernal Womb  
was inside this Source of Life.  
Should we not then call  
the Source of Life,  
our Heavenly Mother?  
Indeed so!

Understand this profundity,  
and you will gain wisdom  
and insight into the ways  
of the worlds,  
both above and below.

In the beginning  
was the Source of Life,  
even before there was a Womb  
from which life would be born,  
and creation would begin.  
The Source of Life  
is unknown and unknowable.  
We cannot say what it is,  
or what it is not.

All we can say is that It is  
the Nothing that is Something.

Before there was anything,  
there was Nothing,  
and this Nothing was a Something  
that we cannot define.  
The original Nothing  
was, and was not.  
In order for the Nothing above  
to become Something below  
it needed first to give birth  
to existence.  
Yet, before existence could be born,  
there needed first for there to be a womb  
in which existence could gestate,  
and grow.

The first creation was the Womb.  
In the Womb, the child took form.  
The child that was born  
was the first, and primordial human.  
Yet, this was no human  
like any here on Earth.  
This was the first, the seed,  
the beginning of the pattern.  
In It was all that was to be.

We are children of the  
Primordial Pattern,  
and that is the secret of  
we being created in  
the Image of God,  
Male and Female.  
The original child  
was Male and Female.  
God is Male and Female.  
And each one of us  
men and women alike,  
are each internally both,  
Male and Female.

Contemplate well this reality.  
See through the facades of

superficial forms.  
Understand the original Unity,  
and find it inside your Self.

This is kosher Torah.

May 18, 2016

In the beginning,  
before sight,  
there was sound.  
In the beginning,  
before sound,  
there was mind.  
In the beginning,  
mind manifested itself  
as light,  
not a light visible  
to the eye,  
but rather as a light  
that was the genesis  
of consciousness,  
awareness, and understanding.

In the beginning  
there was the Primordial Ear.  
Yet, before the Ear  
could hear the Primordial Sound,  
it first had to manifest  
its ability of comprehension.  
Therefore, before Sound  
entered into the First Ear,  
the First Light  
emanated forth from the Ear,  
and thus shone forth  
the Primordial Light  
of understanding, and awareness.  
With this, the Ear could now hear.  
As it is above, so is it below.

Before the human ear  
can hear the Voice of  
wisdom and revelation,  
there must first come forth  
from the human mind,  
the willingness to receive,  
and the desire to comprehend.  
Without these,  
the words of the prophet ring true.  
They have ears  
but do not hear.



In the beginning  
before there was an eye to see  
or any sights to see  
the mind came forth  
and expressed its willingness  
to comprehend, and  
to understand.

Before sound entered  
into the Primordial Ear,  
out came the Primordial Light  
that sought to understand  
what it is that the Voice  
was to say.

Do not be concerned  
with the Ways above.  
Fear not  
if the Supernal is a mystery to you.  
Instead of looking up,  
look forward!  
Look where you are at,  
and understand it.  
Look to where you need to go,  
and understand it.

One cannot walk a path  
without understanding.  
One cannot hear the Still Voice within,  
unless the Inner Ear unleashes its light,  
thus enabling the Sound, and the Voice  
to be heard in both  
the heart, and the mind.

Contemplate these words in silence,  
and you will hear their Voice  
speaking to you inside your mind.  
Unleash your inner power  
of understanding,  
and allow the Light of the Ear  
to shine upon your countenance,  
and to fill your heart  
with the true knowledge  
that only the mind can reveal.

These are the secrets of mystic Sages.  
This is kosher Torah.

May 19, 2016

I open my mouth  
and out comes light,  
at least this is how  
it is Above.  
The Mouth Above  
speaks Light.  
Light is the Word,  
the proclamation,  
of wisdom, understanding,  
and knowledge combined.

Indeed, there is no knowledge  
that is not preceded  
first by wisdom,  
and then by understanding.  
The Mouth speaks the Word.  
The Word reveals the Light.  
Yet, the Light and the Word  
are only One,  
in wisdom, understanding,  
and intelligence.

This then is the important truth.  
No Word is true,  
no Light shines,  
unless it emanates from the place  
where wisdom, understanding,  
knowledge, and intelligence combine.

Just to proclaim a word  
and to call it revelation  
reveals nothing!  
On the contrary,  
the word lacking  
wisdom and understanding  
is a word of darkness,  
not a Word of Light.

The Word Above is easily recognized  
when it comes below  
preceded by wisdom, and understanding.  
This is why God placed within us all  
the Divine Image.

It is the Divine Image within us  
that enables us to think,  
to use intelligence and knowledge,  
to discover wisdom and understanding.

The Word of Light emanates from Above  
as the Breath of Life  
that enables the rational mind  
to imitate its Creator,  
and to think clearly, and coherently.

The Breath comes forth from out  
of the Supernal Mouth  
as the Light of Intellect revealed.  
The Light shines forth  
upon one's whole body,  
but especially into one's heart.  
For it is in the heart  
that the Light of Mind  
becomes manifest,  
and is clothed, and strengthened  
with a passion and commitment  
that only the heart can provide.

I create what I speak,  
for my words motivate action.  
My mind thinks,  
my heart feels.  
My mouth takes the best  
of both my mind and heart  
and forms the words that I speak.  
And thus I am a creator of worlds,  
all with my speech.  
As it is above,  
so too is it below.

My words are intelligent.  
My words are rational.  
My words make both you and I  
to think about what it is  
that I am saying.  
In my heart,  
the words ring true,  
in my mind,

they make perfect sense.  
My words are light.  
As it is above,  
so too is it below.

These are the secrets of the mystics,  
the masters of speech.  
This is kosher Torah.

May 20, 2016

You say that you want to follow God?  
But who is this God  
that you seek to follow?

You know what is written in books.  
You know what you are told  
by those embraced as teachers.  
Yet, do you know the God  
that you seek to follow?

Who is this God?  
What is this God?  
You know what you are told.  
But you do not know God  
because your relationship  
is with books,  
and with those who claim  
to represent this God.  
But do you have a direct relationship  
with your God, personally?

If you do not know IT,  
how can you in truth follow IT?  
This is a question too hard  
for most to answer.  
Most are simply happy  
following what they are taught,  
and doing what they are told.  
But this God said that we  
are all created in the Divine Image  
of IT's Mind, and Will.

As God has a Mind to think  
so too do we human beings,  
designed in the Divine Image.  
Therefore, in order to follow God,  
we must be like God.  
In order to be like God,  
we must learn to think independently,  
just as God does.

Therefore, it is not enough  
to do just what one is told,

and to believe what one is told to believe.  
One who follows books,  
and their interpreters  
is not following God.  
Rather, such a person  
is only following  
the Image of God  
that others have created!

The problem is  
that the Image of God  
created in the mind of man,  
often stands as a mask  
to cover God's true "Face."  
Long ago God proclaimed,  
do not put any masks over My Face.  
Yet, this is exactly what  
so many today are doing.  
And worse, they do not even realize  
what it is that they are doing.

In order to follow God,  
you must first know God.  
In order to know God,  
you must first find God.  
The place where God can be found  
is in that place where  
Its Image resides.  
This place is the human mind.  
Know your mind,  
and you will know your self.  
Know your self,  
and you will discover  
your Higher Self.  
Know your Higher Self,  
and you will discover  
God, sitting upon the throne  
of your soul.

You are the throne of God.  
Allow the Creator  
to descend to Earth  
and to dwell upon you!  
This is the purpose

of our Creation.  
This is why we are here.

No book can teach you this.  
No teacher can do this for you.  
Only you can do this,  
and know God, personally,  
and for real!

This is kosher Torah

May 23, 2016



A long time ago  
there was a secret  
known to very few.  
This secret revealed  
the truth of the real power  
that is in our hands.

This secret was concealed  
for reasons of wisdom.  
Some thought the secret  
to be fragile,  
and that it was hidden  
to protect it from harm.  
Some thought the secret  
was precious,  
and that it was hidden  
because of its value.  
Yet, others thought the secret  
was sacred,  
and that it was hidden  
because the majority was unworthy.  
So many reasons  
to conceal a secret  
that very few knew.  
Yet, only those who knew  
the secret  
also knew why the secret  
had to be concealed.

So much time has gone by.  
So many stories have been told.  
So many legends have been born,  
and taken on lives of their own.  
So much is told about the secret  
by those who know nothing of it.  
Yes, much time has gone by,  
and the secret remains a secret,  
and the reason for the secrecy  
remains equally concealed.

So much time has gone by,  
and finally,  
things are in the process

of change.  
Change is frightening.  
Changed is feared.  
Yet, change is inevitable.  
It cannot be stopped.  
Change is in the air.  
We are all breathing  
its fragrance, and aroma.  
The change is  
transforming us from within.

Change awakens within us  
knowledge that lies dormant.  
Change awakens within us  
the awareness of things  
that we have forgotten.  
Change awakens within us  
the motivation  
to face our fears,  
and to overcome them.

Fear makes the future  
appear like a ferocious monster,  
and an impenetrable wall.  
Yet, as we allow the inevitable change  
to transform us from within,  
we discover in its light  
that our ferocious monster of the shadows  
is nothing more than a cuddly plush toy.  
Our dark and impenetrable wall  
when seen in the light  
reveals within it  
many doors through which we can walk.

The past is falling away behind us.  
The future is dawning.  
Change is in the air,  
and the time of its revelation  
will soon be at hand.

What is the great secret?  
Why is it concealed?  
Really, for right now,  
it does not matter.

For right now,  
we must concentrate on the change.  
Allow the change to transform you,  
and to make you into a new person,  
the new person that has been  
inside you all along,  
waiting to be unleashed.

When the sleeper inside you awakens.  
You will discover personally, and directly that  
this is kosher Torah!

May 24, 2016

With my eyes  
I gaze out and see  
what is there in front of me.  
With your eyes  
you gaze out and see  
what is there in front of you.  
You and I  
are standing side by side  
gazing out upon  
the same things in front of us both.  
How come then  
we are not seeing the same thing?

How come I see things one way,  
and you see them in another.  
Isn't that which is in front of our eyes  
clear and evident?  
How come I see it this way,  
and you see it that way?

One of us must be blind,  
and it certainly is not me!  
At least, that is how I think.  
Then again, you too think the same.  
Both of us gaze out and see the same things,  
yet, how we see them differs intensely.  
What does this teach us,  
about vision, sight, and perception?

In the beginning,  
before the Primordial Eyes could see,  
there was Light.  
But the Light was not  
outside the body,  
rather it was within it,  
deep within its inner essence.

In order for the Primordial Eye  
to see  
it first had to release its Inner Light.  
For only when the Inner Light  
could shine outside  
could the Primordial Eye

look around to see  
what there was to see.

So before vision came Light.  
Without Light  
all vision sees is darkness.  
As it is Above,  
so too is it below.

When the Earthly eye  
of the common individual  
gazes out upon the world,  
all that is seen is the darkness  
within one's own mind.  
Unless one shines one's  
Inner Light,  
then even in the bright of day  
all that one sees will be darkened  
by the lack of Inner Light.

This is why you and I  
although we see the same things  
still do not see the same things  
in the same way.  
Darkness of mind  
clouds the clarity of sight.

The physical eye  
cannot see  
that which the mind  
does not first comprehend.  
The physical eye  
sees shadows of the misunderstood.  
Without clarity of thought  
you and I will forever  
see the same things  
but never in the same way,  
with each of us not understanding  
the vision, and perception of the other.

Yet, there is way for the eye below  
to see with the clarity of the eye above,  
and this is to unite the Supernal Lights  
of the Primordial Ear,

with the Primordial Mouth,  
and allow the Light of Sound  
to speak from the Mouth Above.  
When this occurs  
the mind understands and is transformed.

When the mind hears the Word  
of the Supernal Mouth,  
that which is understood in  
the Supernal Ear,  
emanating from the Supernal Mind,  
then here below the physical eye  
sees with wisdom and understanding.  
Suddenly your perceptions and mine  
both make sense,  
and each perception is seen  
within its context,  
and within its place.

This is how we gain wisdom,  
and this is how we heal the world.  
This is kosher Torah.

May 25, 2016

There are two worlds.  
There is the world of the ideal,  
and then there is  
the world of the real.

We call the ideal world, Heaven,  
and the real world, Earth.  
Both exist side by side to one another.  
One is accessed through the mind,  
the other is accessed through action.

Both exist, both are real,  
yet the reality of the one  
does not exist within  
the reality of the other.

We human beings  
are the bridge  
that unites both worlds.  
But we can only unite them  
when we properly understand them,  
and equally understand  
what it is exactly that we are  
supposed to be doing.

Here now is the Way,  
the Path that we each must follow  
in order to fulfill  
our individual destinies,  
and build that part of the bridge  
that is unique to each of our souls.

We live in the ideal, and  
we live in the real.  
The real is almost never ideal.  
The real is almost always  
harsh, and a hardship.  
Nothing about life on Earth  
is ideal!  
But then again, who ever said  
that the real world  
should be ideal?  
Why should the Way of Heaven

become the Way of Earth?

We live here on Earth  
to discover what it means  
to be Earthly beings.  
This is what defines our humanity.  
Heaven is for Heaven,  
and ideals are great ideas,  
But Earth is for human beings,  
and our ideas  
do not have to be ideal  
in order for them to be great!

We do not live in a perfect world,  
and we never will!  
Heaven and Earth are different.  
They were created this way,  
and will remain this way,  
for this is the way of the Creator.  
Heaven is not Earth,  
and Earth is not Heaven.  
Earth is not meant to be Heaven,  
but then again,  
neither is Earth meant to be Hell!

The ideals of Heaven are for Heaven,  
but in our thoughts  
we can imagine,  
and we can realize  
lofty ideas, goals and values,  
that while they might not be ideal  
are nevertheless still great,  
and expressions of the highest values  
of those created in the Image of God.

Leave ideals be!  
Live in the real world,  
and bring to it  
the ideas that will make Earth  
the best place that it can possibly be.  
Earth is not Heaven, and never will be.  
But never let Earth become Hell,  
for this is not its destiny,  
this is not its future.



Being the bridge that unites Heaven and Earth  
means that we bring to Earth  
the best that Heaven has for Earth,  
not what Heaven has for Heaven.

Stop being what you are not!  
Start being what you really are!  
Do you not know what this is  
Then you must invest the time and the effort  
to discover it.

One last hint:  
what you seek is not in Heaven.  
It is here on Earth,  
near us, next to us, and within us.  
Look in the right place,  
and you will find what it is that you seek.

This is the secret of Lag B'Omer.  
This is kosher Torah.

May 26, 2016

How grand it is  
to think illustrious thoughts.  
How fulfilling it is  
to plan great actions.  
How profound it is  
to think deep thoughts.

How meaningless are the illustrious,  
the great, and the profound  
unless they are anchored  
in practical, rational  
day-to-day deeds.

The Big Plans belong to God.  
We here on Earth  
are responsible for the little things,  
the ones that need to be  
performed day-in and day-out.  
Without these there would be nothing.

All big things  
are made out of little things.  
All long journeys  
begin with a first, small step.  
All great things  
started small, and grew steadily.  
After all, didn't you?  
When it comes to this world  
we must follow the rules  
that apply here.

In this world,  
growth takes time.  
In this world,  
details are important.  
In this world,  
while movement is constant,  
still, progress comes slowly.  
This is the way of things here.  
The wise see this, know this,  
and live by it.

Those who move too fast

will stumble, and fall.  
It is only natural.  
Those who move to slow  
will be run over, and cast aside.  
This too is the natural consequence  
of this natural world.

Movement is constant.  
Accomplishment is fore-ordained.  
Yet, what is destined to be  
does not manifest  
all at once.

All to many look down the road  
in an attempt to peer into the future.  
This is not good!  
One must focus on the here, and now.  
Be present!  
Be in the moment.

See the step that you are on now.  
Pay good attention  
to where you are at,  
and then wisely plan  
your next step  
which will guide your path  
into the future.  
What good is seeing  
the whole of the Big Picture  
if one cannot focus upon  
the individual details therein?

Today, we live in the small,  
not the big.  
So, embrace who we are  
embrace what we are,  
and embrace where we are.  
And if any of these things  
are not to your satisfaction,  
then work hard,  
make the effort  
to change things  
one step at a time.  
Follow the natural way,

and you will see  
that the natural way  
will lead you to where  
you are destined to be.

Work with nature,  
not against it.  
Focus!  
Then do!

The mystics call this rectification.  
I call this kosher Torah.

May 27, 2016

In the subtle silence  
of the inner mind,  
other voices can be heard.  
It doesn't matter  
whose voice one hears.  
What matters is  
what the inner voice is saying.

Some hear the inner voice  
of reason and wisdom.  
Some hear the inner voice  
of passion and impulsion.  
Some hear the inner voice  
of peace.  
Some hear the inner voice  
of war.

For some, the voice of war  
is that of a war fought  
within one's own self.  
The inner war  
of the internal self  
may be the hardest,  
and harshest war of them all.

In the end,  
while we are the winners,  
a part of us  
is also the loser.  
While part of us  
feels the joy of victory,  
another part within us  
feels the bitterness of defeat.

Long after one resolves  
one's inner conflict  
deeply rooted feelings  
of self-guilt, and unworthiness  
often remain  
like specters in the unconscious  
haunting souls  
bringing to them feelings of guilt,  
depression, and sometimes despair.

Yes, the inner war  
may very well be fought and won,  
but one must take care  
that one not become  
a causality of this war  
within one's inner mind.

Internal struggles  
are a normal and natural part  
of our humanity.  
They cannot be, nor should they be avoided.  
It is the inner struggle  
within one's own mind and heart  
that makes one strong,  
teaches one discipline,  
and builds strong character.

Inner struggle is one's teacher.  
One needs to listen  
to one's teacher,  
and learn the lessons  
that one is taught  
before one can graduate  
and move on to  
the next higher level.

Part of this growth  
is to learn from the past.  
Then, once one has learned  
all that one needs to learn,  
one must move on,  
and make room  
in one's mind and heart  
to learn the new lessons  
that life waits to teach.

Victory in our inner wars  
always come with a price.  
We are always left with memories.  
But our memories  
are not supposed to be painful scars,  
open wounds that never heal.  
No one can ever move forward

all the while that one is holding back.

Never forget the past (in the mind)  
but always let it go (in the heart).  
The voice of one's inner mind  
must guide one into the future,  
and not hold one in the past.  
Never let the past hinder the future.

In the subtle silence  
of the inner mind,  
other voices can be heard.  
Listen to the voices that help you grow.  
Pay no mind to the voices that seek  
to cause you harm.  
Fight the good battle.  
Overcome all obstacles.  
Be strong, and have courage.  
You can do it!  
And you will do it!  
No one stays in school forever.  
It is the season to graduate!

This is kosher Torah.

May 31, 2016

The KosherTorah School



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