

**KosherTorah School**

for Biblical, Judaic & Spiritual Studies

**P.O. Box 628**

Tellico Plains, TN. 37385

tel. 423-253-3555

email. [koshertorah@wildblue.net](mailto:koshertorah@wildblue.net)

[www.KosherTorah.com](http://www.KosherTorah.com)

Ariel Bar Tzadok, Director, Rabbi



# Daily Thoughts

## *Words of Wisdom and Inspiration*

by Ariel B. Tzadok

***February-March 2016***

Man was created in the Image of God  
to teach us that the proper way to serve God  
is for each of us to serve one another.  
Serve God by serving the Image of God within.

Man was created in the Image of the Ten Sefirot  
to teach that the rectification of the sefirot  
is the rectification of our own minds, hearts, and deeds.

The secrets of the Kabbalah ARE NOT OUT THERE.  
The secrets of the Kabbalah are within you.  
Start looking in in the right place!  
If you do, you may actually discover a long lost hidden truth.

So, you want a mystical experience?

First define mysticism!

Mysticism means, uniting one's soul with God through contemplation.

Contemplation is a process of consciousness.

Consciousness is a reflection of God, the Divine Image within each of us.

I think, therefore, I am, said Descartes.

You think, therefore, God exists, says I!

You think, and you know what you are thinking,

therefore, you are reflecting the Divine Image within you,

inside the mirror of your mind.

Contemplate this! - and you will have your mystical experience!

God is found within the Sefirot – and the Sefirot are within you.

Never try to define them, for they defy definition...

Consciousness knows no boundary – neither does the Divine Image within.

Contemplate this! - and you will have your mystical experience!

2/1/16

Torah of Heaven  
Torah of Earth

Neshama soul  
physical body  
both are one  
yet both are completely different from each other.

Torah permeates the universe  
Halakha guides our path on Earth

Neshama soul  
physical body  
both are one  
yet both are completely different from each other.

Kabbalah speaks to the soul  
Halakha guides our footsteps

Neshama soul  
physical body  
both are one  
yet both are completely different from each other.

What is above  
is reflected below  
but the reflection is only a metaphor,  
a poetic device to describe that which defies description.

Neshama soul  
physical body  
both are one  
yet both are completely different from each other.

Do you wish to see,  
then close your eyes.  
The outer world deters the inner vision.  
Yet, remember to keep your eyes open when you step in this world!

Neshama soul, physical body, both are one  
yet both are completely different from each other.

Pay attention!  
2/3/16

On earth, God resides in the square of Halakha.  
The numerical value of the Hebrew word Halakha is 60.  
The square of 60 is 3600.  
3600 is the number of degrees in the spiritual circle.  
360 degrees are in the Earthly circle  
(Earth is represented by singular digits, Heaven is represented by Tens).  
The Heavenly circle is thus  $360 \times 10$ , or 3600.  
Thus God resides in Heaven in the Circle, which on Earth is the square of Halakha.

The Circle is the Image of the Sefirot.  
The Square is the Image of the Path to God.

One walks the perimeter of the Square to find one's way.  
One walks the perimeter of the Circle to find one's God.

God and the Way are one.  
The Way of God is seen through the Word of God.  
The Wisdom of God is seen in the Works of God.

The Wisdom is in the Way, and the Word is in the Works!  
This is the secret of the union of the Circle and the Square.

Understand the building blocks, and understand the building.  
Only then will you begin to understand the Builder.

2/5/16

Tell me, what is real?

If I measure the circumference of a circle  
with an accurate, and precise measuring tape,  
I will receive an accurate and precise measure.  
The measurement will be exactly this or that.  
The measurement will be finite and precise.

Now, if I use the same accurate and precise measuring tape  
and measure the diameter of the circle,  
I will also receive an accurate and precise measure.  
The measurement will be exactly this or that.  
The measurement will be finite and precise.

I will thus have two accurate and precise measurements,  
one for my diameter,  
and one for my circumference of my circle.  
The mathematical relationship between these two finite numbers should be as finite as  
they are themselves, no?

Yet, when I apply the mathematical formula  
that relates my circumference to my diameter,  
I am given a figure of Pi. ( $C = D \times \text{Pi}$ )  
Pi is the Greek letter to describe a strange phenomena.  
Pi is a number whose general definition is 3.14.  
But Pi is very strange, for Pi is not a finite, definite number,  
like the definite measure of my diameter,  
and my circumference.

Pi seems to be a never-ending decimal number.  
Pi is called irrational,  
because it is not finite in the sense as other numbers are.

How can I measure with certainty  
with my measuring tape  
the diameter and circumference of my circle,  
whereas at the same time,  
mathematically I cannot receive  
an accurate and precise measure?

My measuring tape gives me an exact figure,  
Pi does not!

I conclude that there are two different realities  
to describe the relationship between the parts of my circle.  
With my eye I see a finite definition,  
with my mind I see an infinite definition.

What does this teach me about reality?

2/8/16

PI equals (about) 3.14, and it defines the relationship of the diameter of a circle to its circumference. Essentially, PI defines the relationship between the Square (represented by the diameter line), and the Circle (represented by the circumference). The Circle is the infinite spiritual plane, and the Square is the finite physical plane.

God's Name is SHADDAI.  
This is the Divine Name  
that spread forth creation at the "Big Bang."  
SHADDAI set the parameters of existence,  
and "said DAI, Enough!"

SHADDAI is numerically equal to 314,  
the same number as PI, but without the decimal point.  
I wonder, is there a connection?

And again, METATRON, the Angel of the Lord,  
he who has God's Name within him,  
and who rules the dominions of Heaven and Earth,  
as directed by God.  
The Name METATRON, like SHADDAI is 314.

What is the connection to PI?  
PI? SHADDAI? METATRON?  
314 - - - what does this all mean?

2/8/16

You already know why there is so much confusion.  
Confusion exists because there is a lack of clarity.  
The solution?  
Make things clear!  
How?  
Study! Learn! Comprehend! Understand! and Defend!

Study means to expose yourself to knowledge.  
Learn means to actually take in what you study.  
Comprehend means that you understand  
what it is that you have learned.  
Understand means that you comprehend  
what it is that you have learned.  
Wait!  
Isn't to comprehend, and to understand the same thing?  
Yes it is! I repeated it twice  
because we must comprehend the superficial,  
and understand what is in-depth.  
There are two sides to every coin.  
Without the one, there is not the other.

Defend means that your understanding of the superficial  
and the in-depth is so well-grounded,  
that you can logically, and calmly prove what you know,  
without fighting, argument, or creating resentment.

Clarity shines light, and light brings warmth.  
Warming clarity dispels confusion,  
and when confusion is gone,  
what is left is simple understanding.

Understanding is Binah. Binah is Imma (Mother)  
The clarity of thought is the Tikun HaBinah.  
This is the secret of the rectification of the Neshama soul,  
and the secret of the World to Come.

So many secrets, so little clarity..  
this is why confusion reigns.  
Opening the mind is only step one.  
Once open,  
the mind must be filled with wisdom and understanding.  
Do not close your mind –  
rather, open it – and let the clarity shine in.  
2/9/16



Your consciousness is limited to that which is before you.  
Your mind, however, knows no such bounds.  
Expand your mind, and you can expand your consciousness.

The front door of the mind  
leads to your conscious awareness.  
The backdoor of the mind opens up to worlds,  
and dimensions that only the imagination can handle.

When one opens the backdoor of the mind,  
and allows what is out there to flow through the front door,  
one acquires knowledge, and awareness  
far beyond what the conscious mind can process.  
This experience is profound, and depending on the person,  
it can be sublime, and rapturous.

Are you afraid of what really lies out there?  
You should be –  
if you have never had the opportunity to glimpse at it.  
You fantasize about a terrible lion,  
that in reality is only a cuddly kitten.

The imagination is a filter,  
it can make the small seem big, and the big seem small.  
The imagination can also make the dangerous look benign, and the beneficial look  
harmful.  
Unless the filter of the imagination is checked  
with a healthy dose of rational analysis,  
the imagination will continue  
to distort the flow of information  
coming through the backdoor of the mind, from out there.

Controlling access to the backdoor  
and front door of the mind  
is one of our most important human tasks.  
We will be here, and keep coming here,  
until each of us gets it right.

2/10/16

God is! Oh really?

The ancients spoke of God being Ayn, (Nothing).  
If God is Nothing, then how can God be something?  
God is not something – creation is something,  
and God is the Creator, not the creation.

God is Nothing, but the Nothingness that is God  
is a Something beyond any definition of something  
that we can possibly imagine.  
God is Nothing – but this Nothing is “Something,”  
an unknowable Something!

Ayn is Nothing, and Nothing is always Zero (0).  
Something begins with One.  
God is proclaimed as One!  
God is One, yet God is Ayn (Zero).  
God is both Zero and One.

The reality of God is that Zero equals One ( $0=1$ ).  
How can this be?  
This contradicts the fundamental reality of all we know.  
Yes, God is! But how God is and what God is  
defies all definitions of reality.

There is a higher reality and a lower reality.  
We have a hard-enough time understanding our reality.  
Higher reality is totally beyond us.  
 $0=1$ ! it's a fact. Think about it!

2/11/16

There is no proof of extra-sensory perceptions!  
Or so I am told.

Then again there seems to also be no proof  
for the existence of the mind,  
or for that matter,  
is there a definitive definition, and explanation  
for sentience, and consciousness.

Surely the mind exists,  
as does sentience, as does consciousness.  
So too do extra-sensory perceptions exist.

Yet ESP is not hocus-pocus, magic, or foolishness.  
ESP is the source of creativity  
that inspires both the artist, and the scientist.

ESP may see the future,  
but this is not its purpose.  
Fortune-telling is for fools.  
While the future may indeed be written,  
what is written can always be erased,  
and something new written in its place.

This is the reality of the universe.  
The future already exists!  
Yet, many different futures already exist.  
Which is the one we shall embrace,  
no fortune-teller can predict  
simply because our choices are always in our hands.

ESP expands the senses that we already have,  
it does not introduce anything new,  
on the contrary, it taps into the oldest sense of the all,  
the internal sense of intuitive knowing.

Just like all the other creatures in the animal kingdom,  
we human beings also have instincts.  
We have just forgotten most of them.  
ESP is remembering the old,  
and this is discovering the new.

The great cycle of the universe

is mirrored in human consciousness.  
The deeper within we go,  
the closer to the surface we get.  
There is no contradiction,  
reality is always multifaceted.  
We have just narrowed our vision,  
and block out sight of all the other paths.

When we learn not to do this,  
we will see so much more than what we see now.

The ESP instinctual, intuitive mind is the key  
to unlocking this most exciting future.  
Cast away the false, embrace the truth.  
Experience for yourself – see with your own eyes.

2/12/16

What is love?  
You think you know?

Love is an emotion, right?  
If so, how emotional do you feel towards your misbehaving children,  
especially when you might need to spank them.  
This too is love!

Love is passion, no?  
How passionate do you feel towards your spouse  
when awaking in the early morning hours after not sleeping well the night before.  
Of course, love is unshaken, but passion? Yeah, right!

If love is not an emotion, or passion,  
then what is it?  
Ah! This is simple to answer!  
Love is a verb!  
Love is not what you feel.  
Love is something that you do!

Feelings and emotions are like water.  
Sometimes one can be wet, sometimes one can be moist,  
and other times one can be very dry.  
This is not how love is.  
Love is a constant, because love is action.  
With action there is love, without action there is no love.

Love is acting, doing, and performing  
whatever deeds are necessary to help, support,  
and assist the chosen object our love.

Housework is an act of love.  
Working hard to provide for one's family is an act of love.  
Giving, caring, and sharing are all acts of love.

Love begins where thoughts about oneself end.  
Love is in the doing.  
Love motivates us to spank the naughty child.  
Love motivates us to get up on those early mornings, tired, and unrested,  
and still go make our spouse a cup of coffee.

Love is what you do, and how you do it.  
Thus, there are so many definitions of love that all of them will never be written down.

Physical gifts are temporary tokens.  
A true gift is giving what is needed most,  
when it is needed most.

Celebrate love, not superficially, but really,  
in the depths of true giving.

2/14/16

Thoughts are things.  
Where one thinks, there one is.  
What one thinks defines what one is.

The mind is a TARDIS  
The mind exists in Time And Relative Dimensions In Space.

Each of us is a Doctor.  
Doctor Who? No! Doctor You!  
A doctor brings healing.  
Each of us is a healer.

First we heal ourselves, then we reach out to heal others.  
Healing comes from the mind,  
when the mind is free to explore time,  
and the relative dimensions of space.

Dimensions of space  
are not the ones out there in the physical universe.  
The dimensions of space, and time  
are the ones inside us, accessible by thought alone.

Think and be!  
Think not and be not!  
The choice is always ours.  
We change inner reality all that we want, whenever we want.

As for outer reality, that is another story.  
The outer reality does not belong to "me,"  
therefore the outer reality is not mine to control.

Inner reality however is my domain.  
In it "I" rule.  
Therefore, my inner reality is what I choose for it to be.  
I choose it, it does not choose me.

In my mind I travel in space and time  
and go wherever it is that I want go.  
When my inner reality becomes so real to me  
only then can it bubble over into the outer world around me.  
When this happens,  
then my inner world influence the outer world.  
As a result light shines and healing abounds.

My thoughts are things – good things.  
I think good, and I am good, I create good.  
it is as simple as that.

2/15/16



What is the true Way of God?

Is one to stand firm and rigid all the time,  
proclaiming “principles are everything!”

Perhaps, one must instead be fluid like water,  
and “go with the flow.”

Movement and rigidity,  
which is the right way for a person to walk?  
Maybe there is a balanced medium between the two?  
Maybe there is a time to move, and a time to be still?  
Maybe there is a time to be flexible, and and a time to be rigid?  
Maybe, just maybe, there really is a time and a place for all things under Heaven.

Yet, we must not just quote wise words,  
we must take wise action, and make wise decisions.

Wise talk is empty when it is not reinforced with wise action.  
He who talks the loudest is usually the one who acts the least.  
He who speaks softly is often the one who carries the big stick.

Fear not big words, instead, fear the big stick.  
Fear not the loud words, instead,  
watch the one who does not waste time speaking,  
because he is too busy taking action!

The person of action is always on the move!  
The person of action is indeed like flowing water.  
The person of action, like water,  
goes to where nature directs it, and to where it is needed.  
Water does not stand of principles, it stands on practicality,  
so too does the person of action.

God is in all things,  
so too the person of wisdom follows the path of God,  
and goes to where he/she is needed.

The greatest principle of them all is to be like God.  
As God flows into all things, and into all shapes,  
yet is never changed or altered,  
so too the person of wisdom  
does what is necessary,

when and how it needs to be,  
and is never negatively altered or changed by the experience.

The person of wisdom transcends oneself,  
and becomes like water to flow as the Divine Hand will pour.  
There is great wisdom concealed in these simple words.  
Drink them in, and let the living waters flow through you.

2/16/16

If we say that God is everywhere,  
then this means God is also in you.  
How far then must you go to look for God?

If we say that the Will of God permeates the universe,  
then the Will of God must also permeate you.  
If the Will of God is in you,  
then where does the Will of God end, and your will begin?

If God is inside you, and God is outside you,  
how much real difference is there  
between the inside and outside?

If God is inside us and outside us,  
if the Will of God is in everything, everywhere,  
then the Will of God inside us  
and the Will of God outside us  
is the One and the Same Will.  
This is the secret of the Unity of God.

God's Will permeates all,  
including our own wills.  
This is the secret teaching,  
"bend your will to His Will,  
and He will bend the will of others to you."

Will Power is the Power of Being.  
God is the Active Being, the Active Mind.  
Will is the Force that permeates all,  
and can control all as a matter of will.

All form in the universe is malleable,  
and subject to change.  
The Force is infinite,  
the form is finite.  
Will drives the Force.  
Form submits to the Force of Will.

Form, Force and Will form the ladder of ascent.  
One who penetrates form to see the Force within it  
may eventually come to experience the Will within it.

The Will of the Active Mind is in all things,

and is all things.

It is only the illusions of transient forms  
that block our minds from seeing, and experiencing this.

The wise will understand, and know what to do.

2/17/16

Light or Darkness? – Choose!  
Healthy or harmful? - Choose!  
Wisdom or Foolishness? - Choose!  
Strength or Weakness? - Choose!

In the square world, there are always corners to turn.  
There is always change, difference, and dichotomy.

One thing is always for certain,  
we all make choices.  
Another thing that is equally certain is that  
there are consequences to all decisions.

Good or bad, this is a matter of interpretation.

Cause and effect, we are so certain that they are forever linked.  
We live in a concrete, finite reality! - Or do we?  
Cause and effect only operate in a square world of finite possibilities.

Living in the square, we walk the square,  
we continually move around its perimeter.  
Yet, one can walk in one direction,  
or one can choose the opposite direction.

One can walk the path of right turns,  
or one can walk the path of left turns.  
Each path is the same,  
but the directions are different.  
Thus, one's experience of the square  
can be the opposite of another's experience.

Light or Darkness? Healthy or harmful?  
Wisdom or Foolishness? Strength or Weakness?

Cause and effect depend upon our path along the square's edge.  
The mind/soul has the potential to transcend cause and effect,  
and to enable cyclical reality to encompass the square.

I think, I speak, I create!  
When my cyclical inner space transcends the outer square world,  
I transcend, and realign the order of cause and effect.

Relationships only exist within a context.

Transcend the context, and you transcend the relationship.  
This is how cause and effect cease to be.  
I think, I speak, I create.  
I transcend the square, and embrace the circle.

2/19/16

Everything that we experience happens in the mind.  
New awareness dawns into consciousness  
from domains known, and seen,  
and from domains unknown, and unseen.

Because insights enter into the mind from an unknown domain,  
we know that "IT" exists "over there."  
even though we do not know where "over there" is,  
or what "over there" is in the first place.

We do not know what lies in the darkness,  
but we know that "IT" is there, unseen.  
We know "IT" because we always gain the tiniest of glimpses of "IT."

"IT" is "over there."  
It does not matter what "IT" is, or where "over there" is.  
What matters is that "IT" is "over there,"  
and "IT" and "over there" are both accessed inside us.

Choices.  
We each choose to embrace,  
or we choose to refrain from embracing.  
Some embrace "IT," and others reject "IT."  
Those who reject "IT" will never come to know "IT."  
The loss is theirs!  
"IT" still exists, and influences each of us from within,  
regardless of one's embrace or rejection of "IT."

We will only come to know "IT"  
when we let go of the comfortable seen and known,  
and allow our mind/soul  
to go "over there" unhindered.  
Letting go is always terrifying,  
but it is always necessary.

We choose, circle or square,  
"over here" or "over there."  
We choose the illusion of what we think is light,  
or the reality of what we think is darkness.

What if, in reality, they are the reverse of one another?

The Circle "over there,"

and the Square “over here,”  
both are a matter of perspective, and perception.  
Think about it.

2/22/16



In the beginning, there was only One.  
From the One came the many.  
This is a belief that no one questions.

Before the beginning, what was there?  
Was there "The One"?  
How can we know?  
Before the beginning,  
there were no numbers, not even One!

Before the beginning,  
there were no questions,  
and there were no answers.  
Before the beginning there was no one to ask,  
and there was no one to answer.

What can we say about "before the beginning"?  
There is nothing to say, and Nothing to know.  
All we can say is that in the beginning there was "The One."  
But "The One" was not yet "One,"  
because before the beginning there were no numbers, and thus no counting.  
Before the beginning, we cannot ask, and there is no answer.

We know the world of the many.  
We seek experience of "The One."  
We look within to see The One within,  
but there is only One.  
The One within is the same One  
everywhere, and in everything.  
One is One, there is no other reality.

Seek The One where it is found!  
Where is The One to be found?  
Wherever it is!  
Where is The One?  
The One is one, there is no other reality.  
The One is! Period!  
Understand this, and you have taken your first step out of the many,  
and back towards perceiving the One.

Perception of The One is possible.  
As for what lies before that,  
this too can be experienced,

but it can never be put into thought, or word.

And why?

Because before the beginning, Thought and Word did not exist.

Yet, "Before the Beginning" exists, but by its own rules, not ours.

Experience? Yes! Knowledge? No!

Then what good is the experience?

In The One one will find the answer to this.

Seek it out.

2/23/16

Some things remain a mystery.  
This is not because we cannot see them,  
but rather because we cannot understand them.

Some things we can see just fine.  
But just what is it that we are seeing?  
Do we understand what it is that we see?

Believing something to be true  
does not make it to be true.  
Then again, believing something to be false,  
does not make it false.

Seeing is believing,  
but not all that is seen is understood.  
Not all that is seen is believable.  
It is always easier to redefine the unbelievable,  
making it believable,  
rather than struggling with the unbelievable,  
and trying to believe it as is.

This is why some things remain a mystery.  
Sometimes we lie to ourselves.  
When we do, we cannot fool ourselves forever.  
Deep down within us the truth is always felt.

While we may not want to believe it,  
the inner conviction does not run and hide.  
Sometimes what we know inside  
contradicts that which we believe about the outside.  
This split is what creates within us the spirit of mystery.  
And mystery always attracts us.

There will always be mystery.  
There will always be attraction, interest, and desire.  
Without these there would be no movement,  
and without movement there would be no life.

Mystery exists to move life forward.  
What we do not know today, we will strive to know tomorrow.  
This is the way of the God of life!

Embrace mystery!

Examine it, test it, study it, until you understand it.  
When you understand the mystery,  
then the next one will appear before you.  
Thus life marches forward driven by curiosity, and desire!

This is how the world evolves,  
and each of us evolves in the same exact way.

Fear not mystery.  
Embrace the darkness,  
unleash its hidden light.  
Once finished – do not rest.  
Move to the next – keep moving.

2/24/16

*What is patience?*

*Patience is waiting calmly for something.*

*So is patience a state of calm,  
or is it a state of the passage of time?*

*Is patience in the mind,  
or is it of a world locked in space and time?*

*Do not think this to be unimportant!*

*Understanding this well will reveal to one secrets of the universe.*

*If patience is time-centered,  
then what would happen if time did not exist?*

*What if there was no past, and no future,  
and that all existed here, and now.*

*What would happen to patience then?*

*Would it exist?*

*Or does it need to exist in time,  
and without attachment to time,  
patience would cease to have relevance,  
and thus cease to exist.*

*Patience is waiting,*

*and there is no waiting in a time-less universe.*

*Either all is, or it is not, there are no changes!*

*All that is, is, and all that is not, is not – never to change.*

*Is this the universe of our choice – total stagnation?*

*No movement? No growth? No evolution?*

*If this universe is, then why is it?*

*What justifies its existence?*

*All life has purpose, and that purpose justifies its existence.*

*If there is no movement, no change, only stagnation,  
then we must ask, in such a “place” is it truly alive?*

*What is the purpose of such a place  
if it has no movement, no life, and no future?*

Which is the wise path to follow,  
the crooked, or the straight?

You think that the answer is easy?  
Before you choose between  
the crooked, and the straight,  
there is a question that must first be answered.

Where are you going?  
It is vital to know where you are going  
before you choose a path to get there.

Not all paths lead to where one wants to go.  
The straight path looks simple, and easy.  
Wisdom should dictate that one follow this way.

But what if the straight path  
does not take you to your destination?  
Then the straight path is the wrong path!  
However straight and easy it be,  
in the end, you end up in the wrong place.

Straight and easy, it turns out, is wrong.  
Precious time has been wasted.  
One's path has become more complicated.  
Before one can walk down the right path,  
one must first undo walking down the wrong path.

Straight and easy is tempting, but not always right.  
Test the paths before choosing.  
Know where you are now,  
and where it is that you need to go.  
Then follow the best path for that specific route.

The path may be straight, or it may be crooked,  
but in the end, it is the right path for you  
to end up in your right destination.

Upon arrival at your destination,  
you will look back over your path and recognize  
that this path was always the right choice – for you.

Your path makes you who you are.  
Your path, and how you walk it, builds your character.  
Fear not the way of your path.  
Make sure that your path is indeed,  
the right path that leads you  
to where you need to be going.

And how can one know this?  
Simple, pause! Watch! Observe! Take it all in!  
Go slow all the while that you can.  
Learn along the way.

If you are not on the right path,  
you'll see signposts along the way.  
Read them, let the signposts speak to you.

Pay attention!  
Many are along wrong paths, and do not know it.  
There is no secret here, no mystery.  
Pay attention.

Fear not the crooked, be not deceived by the straight.  
Follow the path to where you need to go.  
If you are still confused as to where this may be,  
then pause, and look around.

And never be afraid to ask for directions!

2/26/16

God send angels to watch over us all the time.  
So we are told.  
But what is an angel?

Angels are portrayed  
in all kinds of whimsical ways.  
We create angels in our image,  
and expect them to be just like us.

How strange for us to think  
that something as other-worldly as angels,  
would be just like us of this world.

Spiritual traditions from around the world  
record each their own descriptions of angels.  
None of them appear to be just like us.

The Bible refers to angels  
as having the appearance of men.  
But the Bible describes metaphors, and visions.  
Angels, seen as men in visions,  
are not men of flesh and blood.  
Even the Bible teaches  
that angels are not of this Earth,  
and not of the matter that this Earth,  
and all on it, are made of.

So what then is an angel?  
An angel guides,  
but always from the shadows.  
No one sees the angel doing its job,  
but the angel is clearly occupied  
carrying out the mission  
assigned it by Divine decree.

When angels speak to human beings they speak directly into the mind.  
Angels do not communicate with physical words.  
How can they, when they themselves are not physical beings?  
Angels speak directly into the human mind.  
They do not speak with words, but rather with images, and thoughts.  
Angels communicate with human beings via telepathic contact.

Angels are creatures of the mind, they are beings of thought.



They have no body, and no form.  
They are separate intelligences.  
They cannot be seen,  
for there is nothing physical for the physical eye to see.  
They can be sensed in the mind  
of the one sensitive enough to detect their presence.

Angels are sensed as the good thoughts, and wise ideas  
that suddenly pop into our heads.  
When we think wise and right,  
rest assured that is the angel talking to your mind.

This is how the angels guide us – through wisdom of mind.  
Know this, and you can appreciate the great gift  
that Heaven has bestowed upon us.

March 1, 2016

Do you believe?  
It is because you do not believe  
that you are locked in a cycle  
of cause and effect  
that does not necessarily have to be.

Do you live in a prison?  
Are you stuck where you are at,  
with seemingly no way out?

Is your prison real?  
Is your prison self-made?  
If you have made for yourself a real prison,  
then you can also un-do what you have done.

Reality is a funny thing,  
it is not as "solid" and "firm"  
as we may think.  
There are many holes scattered throughout reality.  
It does not take much to discover one of these,  
and to slip through it into another reality.

Slipping through holes  
to transcend from one reality to the next,  
maybe this experience  
adds new meaning  
to what it means to be holy.

Where you think is where you are.  
Think yourself to be in prison,  
and in prison, you will be!  
Think yourself free from prison,  
and free, you will be!  
Yes, it really is this easy,  
but only for the one who believes!

Believe in yourself,  
but not your lower self, with your limited abilities.  
Rather, believe in your higher self,  
in that part of you that touches God.  
As you touch God, God in turn touches you!  
This is how reality changes from one to another.

God sets one's mind free,  
one's body and circumstances  
follow forthwith...

March 2, 2016

What is an angel?

An angel is a messenger.

Yet, there are many types of messengers  
and there are many types of messages.

A message from Heaven  
can come in any form that is under Heaven.

A message may come  
in the wind,  
in a fire,  
in an experience,  
or simply as a thought in the mind.

Only the one who recognizes the message  
will in turn be able to recognize the messenger.

God speaks to us through all things in nature.  
Yet, one must be in-tuned with nature,  
and speak nature's language  
in order to understand nature's message.

One who does not know the language of nature  
will never know the language of the messengers  
who speak to us on God's behalf.  
God speaks to us through nature,  
through the very creation that He has made.

Why do we not understand?  
Why do we not hear nature's call.  
How do we expect to hear our Heavenly Father,  
when we cannot even hear our Earthly Mother (Shekhina).

Yes, angels speak to us, all the time.  
But it is we who do not understand them  
because we do not speak their language.  
Only the one who can hear the Voice of nature  
will hear within it the Voice of the messenger  
who speaks to us on God's behalf.

What I describe here  
is the true way of prophecy,  
Ruah HaKodesh, Divine inspiration.  
Ask the author of the Guide.

He knew!

March 4, 2016

We are taught that the shortest distance  
between two points is a straight line.  
On paper, in two dimensions, this looks right.  
But we live in a world,  
where what looks good on paper  
does not always match what is real.

Straight lines are great ideas.  
Ideas come out from the mind.  
But nature Herself  
must think differently than we do.  
For there are no real straight lines  
to be found anywhere in nature.

We see wisdom in the straight line,  
but the natural world,  
created by God,  
does not see with human eyes.

In nature, the real world,  
the shortest path  
from one point to the other  
is the path that best gets one there  
regardless of obstacles in the way.  
This may not be a straight line,  
but it is the most direct route.

Learn from flowing water.  
Water does not flow in a straight line.  
Water is fluid, not rigid.  
Water bends when it needs to bend.  
When faced with an obstacle,  
instead of stopping to contemplate  
how to remove the obstacle,  
water simply flows around it.  
The obstacle simply is an obstacle no more.

When the human mind is rigid  
it follows straight lines,  
and often runs into obstacles  
that straight lines cannot handle.

When the human mind is fluid

it flows like water,  
and therefore knows no bounds,  
no limits, no obstacles.

What does this teach us about nature?  
What does this teach us about how to think?  
What does this teach us about ourselves?

Contemplate these things.  
Become fluid like water,  
and like water, you will become  
both deep and mysterious!  
Then again, you already are these things!

You already are fluid like water,  
once you decide to melt away your rigid ice-like surface,  
and allow yourself to flow again.

Observe nature.  
See what the Creator has created.  
Follow its path,  
and you end up following the Creator  
by following the way of His creation.

Be water!  
Unify Heaven and Earth!  
This is the secret of God revealed (Adonai)  
and God concealed (YHWH).  
All is ONE.

March 7, 2016

Fire, air, water, earth,  
energy, gas, liquid, solid,  
these are the four forms  
which we all know so well.

Four forms take up three dimensions,  
height, width, and depth.  
Four and three make twelve,  
and thus we have  
twelve months, and  
twelve signs of the zodiac.

Four forms in three dimensions  
fill out the number twelve  
in the fourth dimension: time.  
Time and space are thus  
two halves of the same whole.

We all live in time and space.  
We are all subject  
to the rule of the twelve.  
Time and space form around us,  
a prison of form that is not easily broken.

Fire, air, water and earth  
fill all forms,  
but there is yet a fifth element,  
an element above the others,  
an element not bound like them.

The fifth element is the primordial Force.  
The fifth element is the Spirit underlying all.  
We all know of the fifth element,  
but few ever really embrace it.

The fifth element is the Human Spirit,  
also known as the Power of the Mind,  
also known as the Will, and the Soul.

The fifth element existed before the beginning,  
in a place unknown and unknowable.  
From above the four came the fifth.  
From the four comes the human body,



from the fifth comes the human soul.

We are composite beings,  
made up of the four, and the one!  
The four are our prison,  
the one is our freedom.

The gates to prison  
only open with the proper key.  
Fire, air, water and earth  
will never open up the prisons  
which keep us bound.  
But the Spirit/Will of the Mind  
is already free.

When we embrace the wings  
of the Spirit Mind/Soul,  
we soar like eagles,  
and from within the prisons of form,  
we gain insights into freedom,  
and can glimpse that which is yet to be formed.

Learn to fly in the Spirit Soul/Mind.  
And you will know that which IS,  
and that which WAS before the beginning,  
and that which WILL BE tomorrow,  
and forever after.

March 8, 2016

When in the dark  
we hope for the light.  
Why?

When in desperate need,  
we hope for miraculous support.  
Why?

In our time of complete helplessness  
we pray for help from a Higher Power.  
Why?

Why? Why? Why?  
The answer is both simple  
and at the same time profound.

We hope, and we pray  
because we believe!  
We believe that when we cannot move,  
that there is still a Higher Power  
that can intervene, and help us.

Somehow, deep inside us,  
we know that the Higher Power is there.  
Although we may go through life ignoring It,  
the Higher Power is always there.  
And in spite of our denials,  
we know it, and hope for it,  
whenever life inevitably rolls over on top of us  
forcing us to cry out!

Life without hope is death!  
Life without hope, is it worth living?  
All too many say no,  
and act in despondent self-destruction.  
Poor souls!

When life squeezes us,  
and we see no solutions on the horizon,  
all that is left us is our faith and hope.  
We have faith in the compassion of the Higher Power,  
and we hope that the Higher Power  
will indeed intervene in our lives

to emancipate us from the prisons  
that we cannot free ourselves.

It is simple to hope for Divine help.  
It is a profound revelation of the way of the world  
that such help is really there,  
and waiting for us to call upon It.

Why? Why? Why?  
Because! This is the way of the universe,  
one part seen and knowable,  
the part unseen and unknowable.

Those who look only upon the seen  
will lose hope  
when they cannot fathom the existence of the unseen.  
Those who believe in the unseen  
although they may never see it,  
will nevertheless have what is unseen  
intervene in their lives  
and bring them  
out of darkness, and out of prison.

Hope and faith are the foundations of life.  
They are the never-ending wellsprings  
from which we all must drink.

God is hope!  
God is life!  
To live, therefore, is to hope!  
This is how we see God.

March 9, 2016

Anger!

It is a power that can make one strong!  
God created anger along with everything else.  
Everything in creation has its wise, and proper purpose.  
So too does Anger.

Anger is not one's enemy,  
when it is used wisely, and properly.  
Anger can become one's greatest ally,  
by serving as one's greatest tool.

But be warned!  
All tools need to be used properly,  
and for the purpose for which they were designed.  
A tool used in any other fashion may not work,  
and can indeed become dangerous.

Anger is fire!  
Since when is fire bad?  
Fire cooks our food,  
and warms our homes.  
Fire is the tool of invention,  
the force behind all industry, and technology.  
Never fear the proper use of fire.  
Never fear the proper use of Anger!

Anger, when focused correctly,  
enables the union of mind and heart.  
Anger brings total union to one's inner focus.  
Anger brings total commitment to one's actions.  
When anger is controlled by the thinking, calculating mind,  
it can be used as a driving force, like a laser of fire.

Anger is fire!  
Fire must be controlled.  
Fire, out of control, is bad.  
Anger, out of control is devastating.  
Before you play with fire,  
make sure that you control it,  
and that it does not control you!

Once you can handle the fire,  
you can wield its mighty power.

Using tools is the nature of our humanity.  
When anger becomes our tool,  
a mighty tool in our hands, it is!

Use Anger as your tool  
to better yourself, and the world around you.  
But beware of hate.  
Never let it drive your righteous anger  
down dark paths.

Use your anger wisely,  
just as God uses His anger with wisdom.  
With this tool wisely used,  
mirroring the Image of God within,  
we burn away and overcome  
all the insurmountable roadblocks  
that seem to block our paths.

Be like God – in all His ways!

March 14, 2016

Is it right to stand up for what one believes?  
But, of course, yes!  
When righteousness combines with resolve,  
a formidable pair is created.  
One who stands upon a strong foundation  
is seldom moved, or swayed.

We know that it is right  
to take a stand against the wrongs of our fellow man.  
But what happens if the one that is wrong  
is no man, no human being, at all?  
What if the one in the wrong  
appears to be none other than God?

Is it blasphemous to challenge God?  
Certainly not!  
God is our Creator,  
and, therefore, He is responsible for our welfare.  
God demands certain things from us,  
and makes us promises in return.  
When we do the Will of Heaven,  
then we expect for God to keep His Word!

Anything less than this is not true faith.  
God wants us to trust Him,  
but what kind of trust is there  
in unfulfilled, or broken promises?  
None!

God tests us to see  
if we will stand up for ourselves,  
if we will stand up for what we know to be right.  
God tests us to see if we will act with courage,  
to challenge even the greatest antagonist,  
and who can be greater than God, Himself?

Is it any wonder that  
God wants us to challenge Him,  
and to demand from Him those things  
that He Himself has promised?

We do our share,  
God does His.

This is the covenant  
that we are both part of.  
God has promised,  
and who are we to challenge  
the Divine Promise?

Who are we to make excuses  
to dismiss Divine non-compliance?  
God rejoices when human beings mature  
and behave like the spiritual adults  
that we are all destined to become.

We do not demand from God  
that which He did not promise us,  
but we do demand from Him  
that which He did promise us.

After all, a promise is a promise.  
And we must all keep our promises!

We go forth, and rejoice.  
We take pride in knowing  
that as we keep our word,  
so too does God.

We do not beg for one to keep his word,  
we expect it!  
This is the faith in which God is pleased.

March 15, 2016

The mind is an incredible tool.  
One unleashes the inner Image of God  
when using the powers of the mind.

Like God one can create within one's mind  
any reality that one can think of.  
Within one's mind  
any reality becomes real,  
be it good, or be it bad.

The mind creates in accordance to its own rules of logic.  
If the mind says that right is left,  
and up is down,  
then within the mind this is the proper way of things.  
If such a world was limited to the inner recesses of one's mind  
the rest of us would pay it no attention.

When, however, the upside down world  
inside the mind of one  
demands to be manifest outside the mind,  
and made to be real in the external world,  
this leads to terrible conflicts  
between the way the world really is,  
and the way it is conceived of within the individual's mind.

Anything, everything, can be made to make sense  
in the mind of the individual.  
However not everything can be made to make sense  
in the world outside the individual mind  
where thoughts, ideas, and beliefs  
become exposed to the scrutiny of others.

What makes sense to one  
does not make sense to all.  
Therefore, when one's reality,  
however logical it is within one's own mind,  
is exposed to the light of rationale and reason  
from the minds of others  
it is revealed for what it is:  
the thoughts of a single individual,  
whose only validity is within the individual mind.

The blessing of company



is that it enables the one  
to not get lost in one's own thoughts,  
thinking one's own way  
is the only true and right way.  
It is good to expose individual thoughts  
to the light of others.  
Although they may not see what one sees,  
it still helps to enlighten one  
about the true nature of one's inner reality.

Not all inner realities are true.  
Not all inner realities are bad.  
How can one know the relationship  
between what one believes to be real  
and what actually may be real?  
Only in the light of rational review  
can the light from outside  
enter into the darkness within.

And remember,  
within the mind even the darkest darkness  
can look like brilliant light.  
Light from the outside  
once it enters the mind  
can be perceived as invading darkness!  
Light is darkness, and darkness is light.  
Like I said, the mind can create anything.

To penetrate the mind,  
and to help release the one bound in the prison therein,  
is a long and arduous task.

March 16, 2016

The world around us  
is not as solid as we think it is.  
Everything that exists  
is a blend of many parts.  
That which can be put together  
can also be taken apart.  
We should never consider any situation  
so hopeless that it cannot be corrected.

Things are not as rigid as we may think.  
Reality is fluid, not solid.  
Things are always changing.  
If things can change for the worse,  
then they can also change for the better.  
Nothing is locked in, or permanent.

The world around us is built  
with many building blocks.  
They can be shaped into almost any form.  
The key to unlocking this potential  
is the human imagination.  
If one can dream,  
then one can build.

Life is defined by movement.  
When things flow, they are alive.  
When things stagnate, they are as dead.  
Nothing has to stay stuck,  
it is most unnatural to do so.  
The human mind, and imagination  
are the tools which can unstick  
even the most stuck.

The human mind  
is created in the Image of God.  
It is the power of God within us  
that fires up the human imagination.  
It is God inside us  
that seeks to unify  
with the Works of God surrounding us.  
When this unity is achieved  
through our actions,  
we unleash the power of the Divine

into the world,  
and the result is  
the manifestation of miracles.

God never wants us stuck in bad situations.  
God wants us to learn how to pray,  
and how to have faith.  
These unlock the power of God inside us,  
and enables our ever-changing world  
to change into a form  
that brings to us abundant blessings and richness.

One has to believe!  
One has to let go, and let God!  
One has to have faith,  
and allow faith to take its natural course,  
and to manifest  
the supernatural blessings of Heaven.

March 18, 2016

Scripture says, it is time to act for God,  
for they have voided his Torah.  
Therefore, it is time to act,  
regardless of those who refuse to act,  
and threaten those of us that do.

In order to be prepared  
it is time to reveal the concealed.  
However there are those  
who do not want the secrets revealed.

Some of what they fear, I agree with.  
Some of what they do not want you to know,  
I disagree with.  
We have already had a falling out  
over what to reveal,  
and what to leave concealed.  
I fear that there will be no reconciliation.

It is time to act!  
It is time to reveal secrets.  
For too long we have walked in darkness.  
It is time to shine the light of truth  
into the darkness of falsehoods.

But beware, there is a price to pay  
when the truth be known.  
How will one feel in light of day  
when it is revealed  
that what one has cherished in the darkness  
is truly without value in the light.

There are secrets of the mind  
that must now be told.  
There are secrets powers of the mind  
that must now be revealed.  
There for forces within the mind  
that now must be honed.  
Without them we will not give birth  
to the new world  
that even now cries out to be born.

The powers of the mind

unravel falsehoods.  
The powers of the mind  
build upon light.  
Light is a tool of the mind.  
When it is used properly  
to dig into thought and contemplation,  
light unearths the buried powers of truth.

Here this now, and believe it!  
The world around us is a lie!  
We are being deceived  
by everything that we see,  
and by everything that we hear.

When the mind is inundated  
with overwhelmed senses,  
it can no longer hear  
the soft still voice within  
that guides one to inner truths.

Unlocking the inner powers begins  
with the silence of the senses.  
Once one obtains silence,  
and maintains it,  
one can then receive  
the primordial sounds  
that connect the individual mind  
to the deepest levels of reality.  
These sounds are the authentic  
holy "Names" of God.

These Names  
are not the ones thought known.  
These Names are  
the secret mysteries of the universe.  
It is time to reveal them,  
and to chip away the darkness,  
and to allow the light  
to dawn upon all.  
Let the sparks fall where they might.  
Let the unleashing begin.

March 21, 2016

One, two, three, four.  
Add them together and we get ten.  
One, two, three, four.  
Multiply them and we get twenty-four.  
There is a big difference  
between ten and twenty-four.  
There is a big difference  
between addition and multiplication.

We all know childhood math.  
There is no revelation in this.  
Yet, there is more to math  
than mere combinations of numbers.  
Addition and multiplication  
show us that there is more than one way  
to look at numbers,  
and more than one way  
how to look at life.

The same building blocks  
can build many different forms,  
just like the numbers  
one, two, three and four  
can be combined in different ways  
with addition, subtraction,  
multiplication and division  
being the simplest of techniques.

We do not always have to add.  
We do not always have to subtract.  
There are times to multiply,  
and then there are times to divide.  
As it is with numbers,  
so too is it with life, itself.

Understanding numbers and their combinations  
can reveal to us the mysteries of creation.  
Understanding how we put together  
the building blocks within our lives  
can reveal to us  
the secrets of the Soul.

Building blocks are put together by hand,

but design in the mind precedes  
building with hands.  
Thought comes before action,  
this is the secret of mind over matter.

In a world that's constantly changing,  
the power of mind can influence  
the outcome of any building.  
One has to believe, and keep on believing,  
no matter how dark the clouds that surround us.

When we put together the pieces in life,  
we can be creative, we can believe,  
we can have hope, we can have faith.

Nothing has to be added, or subtracted,  
multiplied or divided – exclusively.  
Just because we begin with one property  
does not mean that we cannot switch to another  
at anytime of one's choosing.

If at first we subtract, we can chose to add,  
or even to multiply.  
We can do whatever it is that we wish.  
All we need to do is to believe,  
and never give up hope.

Remember, when there is Will,  
there is a way!  
Have faith, be creative, build!  
and allow the universe to conform to you.

March 25, 2016

Waiting..  
can be a very painful experience.  
But waiting in faith  
is sometimes the only choice  
that life provides for one.

When the clouds of life  
darken around us  
and there seems no escape,  
only then do we get to choose  
which path we will decide to walk,  
the path that leads to life,  
or the path that leads to death.

Yes, the clouds of darkness  
assemble around us.  
Yes, it seems that all hope is lost.  
Yes, it seems that prayers  
go unanswered.  
What can we do,  
who can we call?

We can choose to  
surrender to fate,  
embrace the darkness,  
and allow our hearts to die!  
But what kind of choice is this?

The stubborn will instead cling to life,  
no matter how desperate the moment,  
no matter how dark the times,  
no matter how little the chance for salvation.

True, we do not live day by day  
by miraculous interventions.  
But just because miracles do not come everyday,  
does not mean that a miracle will not come  
on the day when one is needed most.

The stubborn cling to faith,  
the stubborn cling to hope.  
The stubborn never let  
the fire in the heart die out.



Although the fire might shrink to an ember,  
the fire will stay lit.  
This is the stubbornness of faith,  
the refusal to let go  
of belief in salvation!

When things look the darkest,  
when there is no other hope,  
then look beyond the darkness  
into the remaining light,  
and await the miraculous salvation  
from Heaven,

This is stubborn faith.  
This is the faith which pleases Heaven.  
This faith is called righteousness.  
And the righteous live by faith,  
by their stubborn faith,  
even in the face of all adversities.

The fire cannot die.  
Death and failure are no choices, at all.  
The light will shine.  
Salvation will come.  
It must!

And so stubborn faith continues,  
until the dawn of the light of  
one's personal salvation.

Moral: stay stubborn, keep the faith.

March 28, 2016

The KosherTorah School



The Written Works of Ariel Bar Tzadok

*Copyright © 1997 - 2016 by Ariel Bar Tzadok. All rights reserved.*

Please remember, the KosherTorah School  
is supported by your generous contributions.  
Thank you for your support, and your interest in our works.