



## True Wealth

*By Ariel Bar Tzadok*

How much can I possibly have? How much can I possibly carry? Is there a relationship between the two?

I set out to acquire something new. I wanted it, so I decided to get it. I thought, why not? I have the ability to acquire, why not use what I have, and enjoy what I acquire?

Then I thought, if I buy something new, will I also have to carry its weight? Will the burden of ownership weigh me down? Will I become possessed by worry and concern about upkeep and maintenance? Is the benefit of acquisition worth the trouble of ownership? I pondered this for a long time.

I want what I want, so should I look to the future and worry about the efforts involved in ownership? I want what I want. Should I care about anything else? Should anything else matter?

It is sometimes hard to decide what to do. I want what I want when I want it, whereas at the same time I do not want the burden and responsibility associated with that which I want.

Now, I understand what it is I truly want. I want what I want when I want it without anything being difficult or requiring of me any effort. I simply want to have whatever it is I want and enjoy it my way and not be bothered with anything like responsibilities or obligations.

Yes, this is it! I want everything to be without difficulties, without stress, without effort and without any trouble whatsoever. Yes, this is what I want and I want it now!

I look around this world in which I live and I feel I am forever doomed to be disappointed. Everything that I want requires of me effort. Everything that I want requires of me obligations and responsibilities. Everything I acquire I have to take care of and provide maintenance. The efforts, stress and difficulties are more than I can bear.

In the end, I ask do I really want what I thought I wanted? For in this world of reality, in which I live, I cannot have what I want when I want it, how I want it. No, I must accept the way things are and the efforts things require. This is what I see to be real. I also see that not everyone can see this simple truth.

All too many run after a dream. All too many want what they want how they want it and yet cannot achieve it, for what they truly want does not exist, at least not here on Earth.

What is there to do? What is there to say? This much I have learned. I am happy with what I have. However little or however much I have, I embrace it and am happy with my portion.

Because I do not seek to add to what I have, I am not unhappy. Because I do not have the burden of being weighed down by so many things, I have freedom and peace of mind.

How simple this is. Why is it then that so many others do not see this?