Wisdom is learned from many different sources. So, here's a pearl of great value, regardless of its origins: "When the going gets tough, the tough get going."

Let's be honest, life is hard and often it just "sucks." Hard times are all around us and things do not seem to be getting any better. This being said, it is an absolute disgrace for one to allow oneself to fall into depression or despair just because so much around us is disgusting and filthy.

I don't know about you, but when I get dirty (or smelly), I simply go take a shower and wash the filth off of me. This is how I deal with dirt. And I deal with mental, emotional and spiritual dirt in the same way (symbolically speaking). I shower my insides, similar to how I shower my body.

I can't change the world. I can't solve everybody's problems. I can't make evil go away and I certainly can't make stupidity and arrogance disappear (and God knows how I have tried on this last one).

As much as I try, I confess my arena of influence is small. Yet, I will never allow that to stop me from trying. While I may never change the world, I will still try my best to reach out to anyone willing to listen to help them make a better place for themselves in this mucked-up world in which we live.

An internal shower of the mind and heart is rather easy. It starts with a simple mental statement, "I don't have to take this *-h-i-t from anyone!" Then continue, "I don't have to let anyone throw any *-h-i-t on me." I remember an old children's game we used to play when another kid would say something mean. We would response and say, "I'm rubber, you're glue, whatever you say, bounces off of me and sticks right back to you." And this is exactly how we perform an internal shower.

The only way to be tough in this world is not to be full of *-h-i-t. The only way one can be clean of *-h-i-t is to perform the internal shower. Once clean of contaminating outside influences (including delusional religious mumbo-jumbo and false hopes) one can honestly and clearly look at one's present situation and address it properly and wisely. One can look honestly at what needs to be done and then do it, without all those annoying outsiders trying to confuse you or anyone else.
trying to tie your hands behind your back with all kinds of moral or religious arguments why this thing or that is not right!

God alone decides what is right. **God would not have created for you a situation with only one real way for you to address the situation if that one solution wasn’t what you needed to do.**

You see, God’s ways are easy. It is we who confuse and complicate matters far beyond what they need to be. Look at what is before you and simply do the right thing! Knowing what is right should be easy.

Listen to the voice of conscience within yourself. And stop listening to everybody else who is confusing you! This one says his teacher says this, and another one says the Bible (or your choice of holy book) says that, yet when you read the holy books you get an entirely different message than that which your friend’s voice of influence (or guilt) is trying to show you.

Stop listening to dead words on a page of paper! Starting listening to the Living Words of the Living God speaking (if not yelling) in your heart!

**Get tough! Face your adversity! Overcome it. It does not really matter how to overcome it. Do what works. Be creative! Be imaginative! God is the author of creation and origination. So, be like Go and be creative and originate!**

There is no one right way (or wrong way) to address anything. Everything depends upon the circumstances before you. And only you stand in your shoes! Only you can solve your problems! Only you can do what needs to be done, for you!

God tells us to love our neighbor like we love ourselves. The reason why we have forgotten to love our neighbors is because we have first forgotten to love ourselves! This is the first step of repair!

Remember God is always Number One, but you are always Number Two. Together, you have a bond with God that can never be broken, regardless of how much *h-i-t* the world throws at you.

So, stop feeling sorry for yourself and, by God, stop being weak and self-centered! Being Number Two is pretty important, true, but don’t forget that as it is the job of Number One to provide for Number Two, it is equally the job of Number Two to provide for Numbers Three through whatever!

**You give and you receive. This too is how God acts with us!**
The tougher times become, the tougher we have to get. The more "hit the world" throws at us, the more we have to walk through as it bounces off of us and clings back on to the thrower.

Stop complaining and start walking! Accomplish! And keep on accomplishing!

Don't let the liars get to you! Winning is everything! And we're in it to win! This is God's message. This is the message of Mount Sinai and the message of God's word! The righteous live by faith. Faith is what you do, not what you say.

So, stop talking and start moving! Overcome your obstacles and adversities! How? I don't know. Think of something! Pray and then act. God will bless your actions, but words of prayer are never enough.

Remember this, if you do nothing, then nothing gets done. On the other hand, if you act, God can bless the work of your hands. No work and there is nothing to bless.

So, get busy! Get tough! Get moving! God is already you, but are you already with Him? Give and you will receive. That is God's promise. No more words need to be read. Now, get up and go do it!