

## The River

*By Ariel Bar Tzadok*

*Do you remember how much you used to want something that you did not get?*

*Do you remember how disappointed you were when you did not get it?*

*Are you still disappointed or did life move on?*

*Things in life always come and go. Sometimes we get what we want and sometimes we do not. Sometimes we are happy and sometimes we are disappointed. Whichever way we end up feeling, in the end, life goes on.*



*Life goes on, no matter how we feel. Life goes on, no matter if we are happy or disappointed. Life goes on with or without us. Life goes on whether we like it or not.*

*Life has a life of its own. Life controls us, we do not control life.*

*What happens in life is ultimately not in our hands. Try as we do to control and change things, sometimes we can and sometimes we cannot. This is what life is all about. There is no use getting upset over it. No matter how upset we get we cannot change much. This is life.*

*Life flows like a mighty river. It follows its own course. It is not natural to think we can go against the flow. It is only natural that the river takes us to where the waters flow.*

*Why would we travel along the river other than to get to where the water flows? It does not make much sense to do otherwise. Yet, how many of us lack such common sense?*

*Why exert energy in such a wasteful way? Why be disappointed over that which we cannot control? Why should we desire that which cannot have?*

*Life flows like the mighty river. Life goes on whether or not we are happy or disappointed with what we receive or where we end up. In the end, the river of life cares not for how we feel about things.*

*Why then exert energy on wasteful things, why be disappointed by life's course? Flow with the river, embrace the moment and appreciate the movement.*

*You will end up where you are destined to be. You will end up with what you are destined to have.*

*This is the Will of Heaven. This is the true definition of happiness.*