

The Secret of Faith

by Ariel Bar Tzadok

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We each have a problem. We constantly underestimate our individual, internal, power of mind and will. Believe it or not, each of us can, for real, change the world! Believe it or not, each of us has what it takes! Let me explain why and how.

Science knows that nature exists in a quantum state. Reality exists as multiple, simultaneous forms. Once, however, an observer focuses his attention, the quantum state solidifies into a single form of reality.

Yet, what is the form that solidifies in the mind of the observer? It is only one form of a possible infinite many. As such, reality, as observed, only exists because the observer observes it to be so.

Change the observation in the mind of the observer, and the external reality will be transformed into a quantum parallel. This is not theory or fantasy, this is as real as real can get. Observation and perception are the foundations of mind over matter.

Weak minds live weak lives. A weak mind accepts external reality as what is real, and concludes that nothing can be done to change what is real, for all other alternatives are unreal, and thus false, wrong and bad. It is this incorrect assumption that entraps the mind in a prison of its own making.

Faith is the absolute conviction of one's outlook, and the equally absolute expression of sheer mental willpower to transform one reality into another. Mental willpower must be unleashed in all ways, mental, emotional, verbal and physical. It is never enough to want change, one must make every effort to create it. Faith is what motivates this drive and keeps it moving towards its ultimate conclusion of a transformed reality. This is all so very possible simply because we live in a quantum universe wherein which anything and everything is possible.

Habakkuk the prophet (2:4) said that, "the righteous live by faith." The Talmud (Macot 24a) later said that all of the commandments of the Torah are summed up into these words. Faith is not a statement of beliefs, doctrines or creeds. Faith is what you do and how you live.

Faith is freedom and freedom is faith. There is no faith without freedom and there is no freedom with faith. An imprisoned mind knows no freedom because the imprisoned mind knows no faith. The imprisoned mind creates for itself an imprisoned life-style simply because it cannot entertain the reality of another. What it sees is what it gets.

It is always true that what we chose to see is indeed what we get. Therefore, what we chose to see matters for everything. In faith, we chose to see differently than that which we perceive, and we make every effort, mental, emotional, verbal and physical to change perceptions from what is seen, to what must be seen. Faith is what drives this to be.

In the Kabbalah, we speak about the fundamental universal forces through which God emanates and operates the universe. These are the sefirot. Two of these fundamental attributes are the powers of expansion and contraction, known by their Hebrew names as Hesed and Gevurah.

Hesed is the power of expansion. Gevurah is the power of contraction. Life and reality always fluctuates between these two forces, like a Divine act of breathing. When reality contracts to a single perception, this is Gevurah. This is Din, judgment and severity. It is not good for reality to be contracted into Gevurah, without the opposite flow of Hesed.

Nature requires that there be movement. When we accept Din and Gevurah, by accepting only a single reality, we are essentially cutting off the expansion energy of Hesed (grace, mercy). Hesed is the force that expands. It brings life. Hesed, God's grace and mercy is what transforms a singular reality under Din, Gevurah into a better one.

Movement is in the Hands of God, but it is the minds of men that are these Hands. We are God's Hands, therefore if we materialize movement, then movement is manifest. Yet, if we remain stagnant, considering ourselves either unable or unworthy to make movement occur, then we stay stuck, trapped under the contracting force of Din, Gevurah, which tightens its grips around our minds, until we feel entirely cut-off and lost.

Hesed makes the world go round. Without it, our reality, our world and our lives become dry, stagnant, and sterile. Gevurah has its place, it is alongside Hesed. Both forces must function in proper harmony together. This is the cosmic dance which directs all. If we embrace Gevurah all too tightly, locking ourselves into a singular reality, embracing the self-made prisons of our minds, eventually the force of Hesed will arise. When it does, it will naturally expand the horizons. This is the Divine breath in action.

Yet, for those who have locked themselves inside their own mental prisons, such an expansion is interpreted as a breakage of comfortable and stable boundaries. The natural and beneficial changes that Hesed brings about are not welcomed by the imprisoned. Instead, they are feared.

Hesed brings change, but the imprisoned mind, fearing such change, interprets the change as destruction. As such, the twisted, imprisoned mind fearfully experiences expansive Hesed as an apocalypse. It should instead be embracing the dawn of a new day, but the imprisoned mind is not capable of doing so.

Change is only natural and normal. When it is embraced, it dawns on us like the rising sun of the new day. When change is rejected and resisted, then it dawns on us regardless, not like a welcome rising sun, but instead as a feared scorching fire.

The free mind knows Hesed. It feels its inner draw, embraces it and seeks every opportunity to transform the world, from one locked in a mental prison of human creation, into a world free, where each individual can indeed pursue, and acquire, life, liberty and happiness. Nature itself underlies this power of faith. It is natural, normal and the very definition of what is right. Therefore, the path of the righteous is faith, for there is nothing more right than this.

The secret of living by faith is righteousness. Righteousness is not believing the right things, it is the doing of them. The world of Din around us seek to convince us that we have no options and no choices other than to accept things the way they are. We are told that we can pray all that we want, but nothing really helps, because nothing is really in our hands. This is the lie! This is the prison of the mind!

God did not place us here on Earth to be puppets dangling on a string subject to Divine whim, and without any personal recourse or responsibility. We are indeed connected to Heaven, but remember this, connections go two ways. Just as Heaven can influence us, so too can we influence Heaven.

Heaven does not place us in a prison of mental singularity (Din), we do this ourselves. As we put ourselves into the prison of the mind, so too can we release ourselves, anytime that we wish. This is what God wants from us, and this indeed is our purpose for being here on Earth. We are sent here to learn the value of freedom, to recognize and embrace the fundamental force of Hesed.

We are sent here to change things, and not accept or tolerate a reality which imprisons us in either body or mind. It is our right and our duty to embrace righteousness and faith. It is our duty to transform our world, our reality from one form into another. It is our duty to bring life, liberty and happiness to this world. We build it ourselves, with every thought, every emotion, every word and every deed.

Each individual can and does make a difference. We must never stop and we must never fail. Only the free mind can lead others into freedom. One free mind uses the natural quantum flux in the universe, and expands reality from its limited prison of singularity, in Din, and breathes into it the breath of expansive Hesed, the rising sun.

Each of us can change the world. We change both our inner worlds and outer world simultaneously. We change both by what we do, and how we do it. As it says, the righteous live by faith.

This is our life and our way. We don't talk about it or think about it, we do it! And God is with us, watching us, waiting for us and smiling upon us, when we do!

Transformation is in our hands, it is our destiny and our duty.

Demand change! Make it happen! Accept no other option! Take God in your hands and use all means to express the Divine Hesed and change this locked Din observation.

Never say, "I don't believe it," because that is the language of failure. Believe it! Do it! Make it real! Demand of Heaven, and of yourself, to accept no other option or reality.

When you see the other form and accept no other, then you will be contributing its manifestation. Granted, the mind needs to unlearn what it has learned, in order to set itself free. Freedom does not come overnight, but it does come.

Never lose sight of this! Demand your freedom from Heaven and accept no other alternative. This is what Heaven wants from us, expects from us and demands from us. It is high time that we fulfill our individual and collective destinies.