

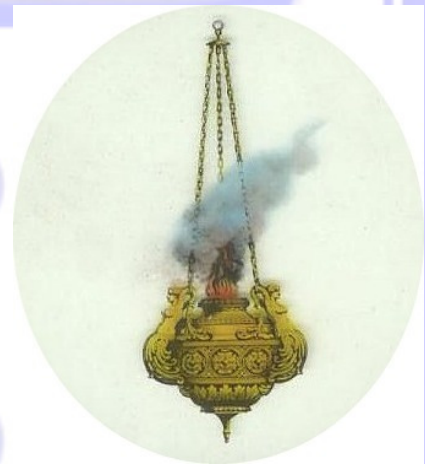
Occult Mechanics, Part 20

Ritual Cleansings

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In spite of our best intentions, sometimes malevolent forces can permeate and dominate in certain locations. Within domiciles, past actions can leave indelible psychic stains on the place that can last for centuries. Indeed, even after a building has long vanished the psychic sense of the place can linger. This is the rule, whenever something happens in a place that releases a strong amount of emotional/psychic energy, that place captures that energy as film captures light to create a photograph. The place becomes marked. This happens with both good and evil forces. This is how holy places are established; and the opposite, this is how places of evil also come into being.



Of course, there are yet other places that are the natural or adopted habitats of occultic entities. Earthbound souls choose their own. Shedim have other domains that they call their own. Nature spirits each have their respective domains. No one can enter into any of these places and expect not to fall under the influence of those who are in possession of those places. If and when we find ourselves in a hostile psychic environment in nature, it is simply best to physically relocate. Move on and the spirit of the place will not move on with you, but rather it will let you pass, mind you not necessarily in peace.

The realms in nature are not necessarily subject to psychic cleansing unless the cause of the problem is due to the area being polluted by malevolent human activity. For example, on numerous occasions sites in nature have become places of murder and carnage. Many times the souls of the dead have not found rest. They do not rest because they have not yet achieved appropriate vengeance against those who have wronged them. Wronged souls become earthbound because their anger and rage does not allow them to move on and pass over into the other dimensional planes. Souls of this nature die in a state of outrage and that emotional image becomes burned into that place, making the place one that provokes similar emotions. If further activity of similar kind is enacted there, then this only reinforces the nature of the place. Cleansing such a place requires that the souls that are entrapped there

by their own rage be somehow appeased and released so that they can continue along their paths of spiritual evolution.

Many times domiciles such as haunted houses and the like are actually locations where something bad has happened in the past, be it recent or distant. Although many will not experience the types of haunting phenomena made famous by Hollywood movies, nonetheless certain places definitely can make one feel very uncomfortable. Even individual items in a place where there had been a release of tremendous psychic energy will maintain that energy. When those items are then relocated they carry with them a portion of the absorbed psychic energy. In this way the item itself transports the energy to a new place thus enabling psychic occultic activity to flourish in a new and previously clean environment.

Yes, there is such a thing as haunted pieces of furniture or other personal items. It is for this reason that Sages will never wear used clothing unless they know who used to own them. The same goes for receiving used furniture, especially antiques. If there is any concern that a previously owned and used item might contain an element of negative psychic energy from its previous owner(s), it is best to avoid it entirely. This is also true of jewelry. There are procedures that can be used to cleanse such items and we will discuss them in future lessons.

We just have to remember that psychic energy is as real a phenomenon as are physical objects. Psychic energy is the life force within everything. Just as the physical attributes of a thing can be altered and made better or worse, so too can the psychic component. One cannot escape this inevitable fact of natural law. Strong emotional content does transfer psychic energy into an item or place. Yet, even the simplest of presence can instill a mild influence. The masters of occult know this secret well and when in pursuit of a victim will always seek to touch something of their victim, be it their person or property. By doing so, the mere simple touch is used to transfer negative psychic energy. On the other hand, when one wishes to bestow a blessing, one places one's hand upon the other or upon something that the other will embrace. Psychic energy is always passed on by touch.

Cleansing of one's possessions and one's domain will only be successful if one's physical self is also first cleansed. Needless to say, one must be physically pure of any type of drug or alcohol influence or abuse. Yet, more than this, one must also be cleansed of psychic contamination that comes about through illicit sexual intercourse. On both the physical and psychic levels when one engages in sexual activity with a new partner, one is tapping into and being attached to all the psychic energy that the sexual partner has been exposed to. This is why religious teachings have always taught rules about sexual conduct. This is also the reason why the occult has so strongly pushed for the dismissal of traditional Biblical and other religious restrictions on free and wanton sexuality. The masters of the occult know that the entry way to the soul is through the psychic energy transferred during illicit sexual activity, and the more forbidden the better for them.

Physical cleansing of the body begins with sexual abstinence from prohibited sexual activity. This does not mean that sex is bad or wrong. It is neither. Yet, like everything else, it has its

proper time and its proper place. One who wishes to write one's own rules and chart one's own course will end up having to deal with the consequences of one's own actions. Sexual promiscuity has led to nothing other than heartache, bitterness, depression and many other bad things. It hinders one from finding one's true soul-mate and causes numerous other physical and psychic health problems. Stopping this type of behavior is the first step along the road of cleansing.

Mind you, pornography in all its forms is equally dangerous and evil. One who has any forms of these should destroy them immediately. The best way to dispose of these items is to burn them in a safe environment, such as in a backyard BBQ grill or the like. As they burn one should curse them and repudiate them and what they stand for. One should be ashamed for allowing oneself to succumb to such depravity and vow to be stronger. Sexual activity is great and sublime and should be properly enjoyed. Pornography and promiscuity should never be included within the definitions and contexts of healthy sexual activity.

In Torah circles, after sexual activity one cleanses one's body in a ritual pool of naturally gathered water. Yes, this can be done in a lake, pool, or even the ocean. One should take caution while bathing to do so privately and not to be exposed to others. If there is no body of natural water in which one can completely immerse, one should then simply take a shower or bath. While this cleansing is only skin deep, it still expresses a desire to be cleansed deeper within. The inner cleansing however takes a much longer time and is not subject to assistance by ritual. The cleansing of one's psyche and psychic energy is a process that takes time. It is only accomplished after one has a true change of lifestyle.

One who is not pure of heart cannot cleanse something that is equally impure. Only the inner desire that is pure can overcome the outer psychic reality that is impure. One who endeavors to cleanse an area, an item or another person, must be careful that they themselves are not subject to the subtle influence that such an area, item, or person might try to cast upon them. There are many different rituals used that have both symbolic and actual power creating a protective barrier around an individual who is carrying out a cleansing. Yet, the most powerful is one's inner state of being. All the protection rituals in the world will not suffice to protect one who inwardly is afraid or otherwise impure.

Impurity and purity are not ritual states, they are psychological states of mind. I cannot over-emphasize this. One can take ritual baths daily for the rest of one's life and still remain spiritually and psychically impure. It is not the flesh that needs to be cleansed but rather, the spirit. Only inner transformations of moral character and personality can accomplish this. It is the inner transformation that enables the external ritual to accomplish its task. Things do not work the other-way around. One must first cleanse one's heart from fear, improper desires and inappropriate beliefs. Only when this is accomplished will one become pure at the psychic level. One who has accomplished this creates a psychic barrier around one's soul that almost no occult force can penetrate. With the help of G-d in Heaven, called upon properly with sincerity and humility, one becomes impregnable.

Now, once one's heart is strong and firm in faith, knowing that G-d is in control of all things and that no evil force can cause any harm unless permitted to do so from Heaven, we can proceed to confront malevolent emanations and remove them. Ritual cleansings require two specific functions; one is the recitations of proper Biblical verses and related texts and the second is the proper mixture of incense, the mixture of which has been handed down for centuries and is proven to perform the cleansing action.

When cleansing an area, be it a house or the like, we must differentiate between cleansing it from malevolent forces bent of perpetuating evil and non-malevolent earthbound souls who have become entrapped in that place due to the nature of their deaths. Chained souls simply need to be released. They are not malevolent and do not require a transformation. All they need is to be shown the way. This is accomplished with the simplest of methods, that being simple sincere prayer to Heaven requesting that spiritual guides be sent to guide the lost souls and to protect them along their journey to a better place. Reciting Psalms, especially the famous ones, such as Psalm 23 (the L-rd is my Shepherd) and Psalm 121 (I lift up my eyes) work very well here.

Whenever there is a major loss of life due to natural or man-made causes it is always best for those with the knowledge to go to the place of disaster and to say prayers for the souls of the dead. In Jewish tradition, there is a regular prayer to be recited for the dearly departed. This prayer, called the Kaddish, is actually an Aramaic language praise to G-d. The Kabbalists however have revealed all types of subtle secrets and codes concealed within its letters and words. Regardless of the secrets therein, even an English rendition of this prayer is of great value for both the living and the dead.

An English translation of the text here follows. Traditionally this prayer is recited by a quorum of men in ritual prayers in the Synagogue. However, in order to help elevate lost souls I believe anyone can recite this in a whisper just about anywhere.

“May G-d’s great Name be exalted and sanctified in the world which He has created according to His Will and may He establish His kingdom. May His salvation blossom and His anointed one come near, in your lifetime and in your days and in the lifetimes of all the House of Israel speedily and soon and say Amen. May His great Name be blessed forever and for all eternity. Blessed and praised, glorified and exalted, extolled and honored, elevated and lauded be the Name of the Holy One, blessed be He, beyond all the blessings and hymns, praises and consolations that are spoken in the world; and say, Amen. Let the prayers and supplications of the entire House of Israel be accepted before their Father in Heaven; and say, Amen. May there be much peace from Heaven, good life and satiety, salvation and comfort, saving and healing, redemption and forgiveness, atonement, relief and deliverance for us and for all His people Israel; and say, Amen. May He who makes peace in His heights, in his mercy, make peace upon us and upon His entire nation Israel; and say, Amen.”

The intent within the prayer should be clear. Anyone should be able to recite it to acquire the solicited results. When one focuses on G-d the Divine Source of all, one can thereby nullify any and all negative forces. One can bring true spiritual healing to those souls that are in such desperate need. This simple act of prayer can release numerous souls by opening up for them a vortex of light that will enable them to find their way to where they need to be. This prayer can bring peace to those souls taken before their time, whereas at the same time it does not at all forgive the criminals who ripped them out of their bodies in such frightful and horrible ways. Vengeance will come upon those who perpetuate evil.

G-d has arranged natural law so that evil doers are always punished. Whether in the present lifetime or in a future one, those who have harmed another and have never made redress will pay back in like kind for what they have done. Payback is often two-fold or five-fold. It is not pleasant, nor easy. We often ask why terrible things happen to apparently innocent victims. While they may be innocent in this lifetime, in a past life, they may have been something very different. Thus they receive in this life what they dished out to another in a previous life. This is why bad things happen to apparently good people. While this is not absolutely true in every case, it is still the rule in most cases.

Now that we have explained how to deal with the trapped lost souls, now let us deal with how to deal with the malevolent forces, be they earthbound souls, Shedim and their kind. Unclean forces cling to their domains and they are not removed with ease. I must emphasize that I am talking here about removing malevolent forces from places and not from people or things. We will have to deal with these later on in the following lessons. For now, let us focus on the cleansing of space.

First, the domicile in question must be cleansed of any unclean or evil content. Books, CDs, and DVDs, art work and the like that present messages that can cause psychic harm should be removed, as well as any other item that projects a negative message. Once the area has been cleared of such subtle but real malevolent influences the process of cleansing can take place. Mind you, once the process has been performed, you must maintain the cleanliness of the area by not allowing back into it items of negative influence or act in negative ways that can open up the area to invite back into it any malevolent force.

To cleanse an area one must begin with a proclamation stating that this is what one is doing. One should offer a prayer to G-d soliciting Divine support in removing all harmful influences from this domain. One should then always pray to remove any lost souls that are trapped. One should then make a bold proclamation proclaiming this location to now belong to G-d and to holiness and therefore no further malevolent presences will be tolerated. When making these proclamations, one should be careful to solicit the Name of G-d, but never the name of anything that is not G-d. Such a proclamation can be made in one's own words, but this version can also be of help.

"I call upon G-d, Creator of Heaven and Earth to hear my prayers and assist me in my task. I hereby declare in the Name of G-d the Creator that this domain is

from now and forever to be a place of holiness and righteousness. I declare in the Name of G-d the Creator that no further malevolent forces may be allowed to dwell here. I call upon G-d in Heaven to release any entrapped and lost souls imprisoned here. And I call upon the L-rd of Heaven to send His angels to cast out from this place any and all malevolent entities, be they earthbound human souls, Shedim, fallen angels, and all other types of spirits of anger, harm and deception. I call upon the L-rd of Heaven to hear my prayers and assist me in this proclamation to cleanse this area and make it safe again for all those who seek the true Light of Heaven and to walk the path of righteousness and truth. Behold I now will take this incense of cleansing and pass it throughout this place. May its fragrance be acceptable before the L-rd of Heaven and also have the effect of making this domain most uncomfortable and unpleasant for the malevolent forces. May they immediately be removed from here now and forevermore, with the help and assistance of G-d the Creator and His angels whom He sends now to assist me in this great undertaking. Amen, may it so be His Will.”

After making this proclamation, one should take an incense burner, preferably one of those that come on a chain and can be held by a handle while the burner swings in the air. One puts within the burner one of these charcoal discs that ignites with a match and burns like charcoal in a grill. Once the charcoal is hot and ready, one places the proper incenses on top of it allowing it to be burned. One then takes them smoking incense and passes it through every corner of the haunted domain. Allow the smoke to fill the place completely. Only after the domain has been filled with smoke should one open the windows and doors and allow the smoke to dissipate. The malevolent entities always exist via open doors and windows. As they are shut during the procedure, they desperately seek to leave as quickly as they can. By not allowing them immediate exit only reinforces their desire to leave and to not return. When the windows and doors are opened, they depart, and we pray that they never return. Please note that when performing this ritual one had better disable any smoke alarms operating in the domain, or they could trigger an alarm that would hinder your concentration.

Now, two things I have mentioned here which I have yet to explain. First, one must have sincere concentration and devotion when performing this ritual. I cannot over-emphasize that one's intent makes all the difference whether or not this works or does not. Faith and sincerity are two powerful weapons that no malevolent force can stand against. Doubt is a poison that kills both body and soul. If you sincerely believe that there is evil in a place that needs to be exorcised, then you must equally sincerely believe that your performance of this ceremony can accomplish this task. The task of ritual cleansing is one best done alone. One does not need an audience and one does not need company. If one is fearful of doing this alone, then one should first overcome one's fears and then do what one has to do.

The second element of this ritual is the right and proper mixture of incense that is to be burned. Many cultures have their own views and traditions of what to burn, one of the most popular being sage. I have never received a tradition that sage has any real power to repel

malevolent forces. I have never seen it successfully accomplish this task. Maybe in the hands of others well versed in other traditions, this may work well, but I have not seen it work in most modern circumstances. Sage may very well smell nice, but without a legitimate source to validate its working to cleanse an area, it may very well be opening the area for further malevolent forces to enter therein. Only the experts in this field can tell.

The ritual incense that I have been taught contains a number of ingredients; the majority ones being frankincense, myrrh and hyssop. These have to be measured and mixed according to a precise formula. I have contemplated whether or not I should release this formula and have decided that I will not. I am concerned that too many individuals will not follow the necessary strict rules of its preparation and therefore would mix something that would not work to serve the function for which it was made. No cleansing would be accomplished and therefore, the results would be angry malevolent entities that could then turn to take revenge. I cannot allow people's carelessness to endanger them and therefore I am not willing to release the formula in this public domain. I myself mix the formulas and if anyone is in need of them, I can be contacted directly and after ascertaining one's true needs, I can provide for them a proper mixture.

One can try making any mixture of one's own choosing, yet these will always fail to work. Occult mechanics are regulated by natural laws. These matters are not subject to subjective beliefs. Laws are just that, they are not merely suggestions. When one follows the proper procedures the proper results occur. When the proper procedures are not followed often a malevolent entity will appear to cooperate, whereas in truth it is merely deceiving the foolish individual and reeling him/her into the entities field of influence, capturing the soul and using it for further malevolent purposes. This happens all too often to those who dabble in these affairs without proper precautions and care.

When performed properly, one can cleanse one's domain. Cleansings of items and exorcisms of other human beings also need to be addressed and we will proceed to do so in coming essays.