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## The Litany of Power

This invocation should be memorized and recited often, numerous times every day,  
until it becomes automatic in one's mind, and on one's lips.

By visualizing the imagery within, one can transform the images from wishful thinking into actual reality.  
In this way, one can transform the way one looks at the world, and how one will then deal with the world.  
Personal power is everything. Embrace it within, in order to unleash it without.

*I am a person of power.*

*I am a soul of strength.*

*I am the fierce fire.*

*Mine is the power to burn.*

*I am the wise dragon.*

*I am the mighty lion.*

*I am the goring bull.*

*I am the soaring eagle.*

*I call upon the Power Above, and the Power Below.*

*Dwell in me, manifest through me.*

*Be me, and I you.*

*I am a person of power.*

*Before me, all my enemies cower.*

*I AM!*

**אלף הא יוד הא**

The Litany contains 78 words.

78 is the numerical value of three times the Name of God YHWH (יהוה).  
Three times the Name of God to indicate God's Presence and protection  
on one's right, on one's left, and in one's center.